

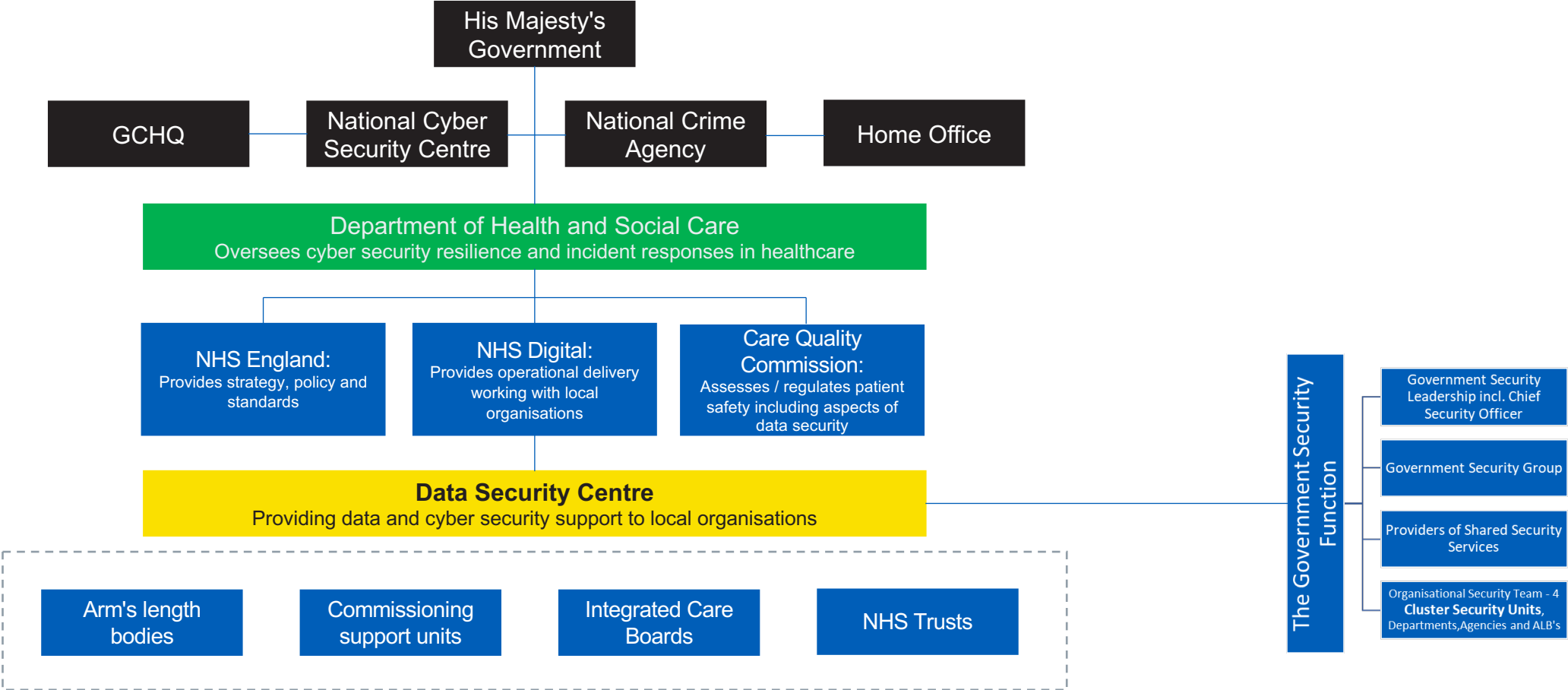
Cyber Security

What practices need to know and where to find support

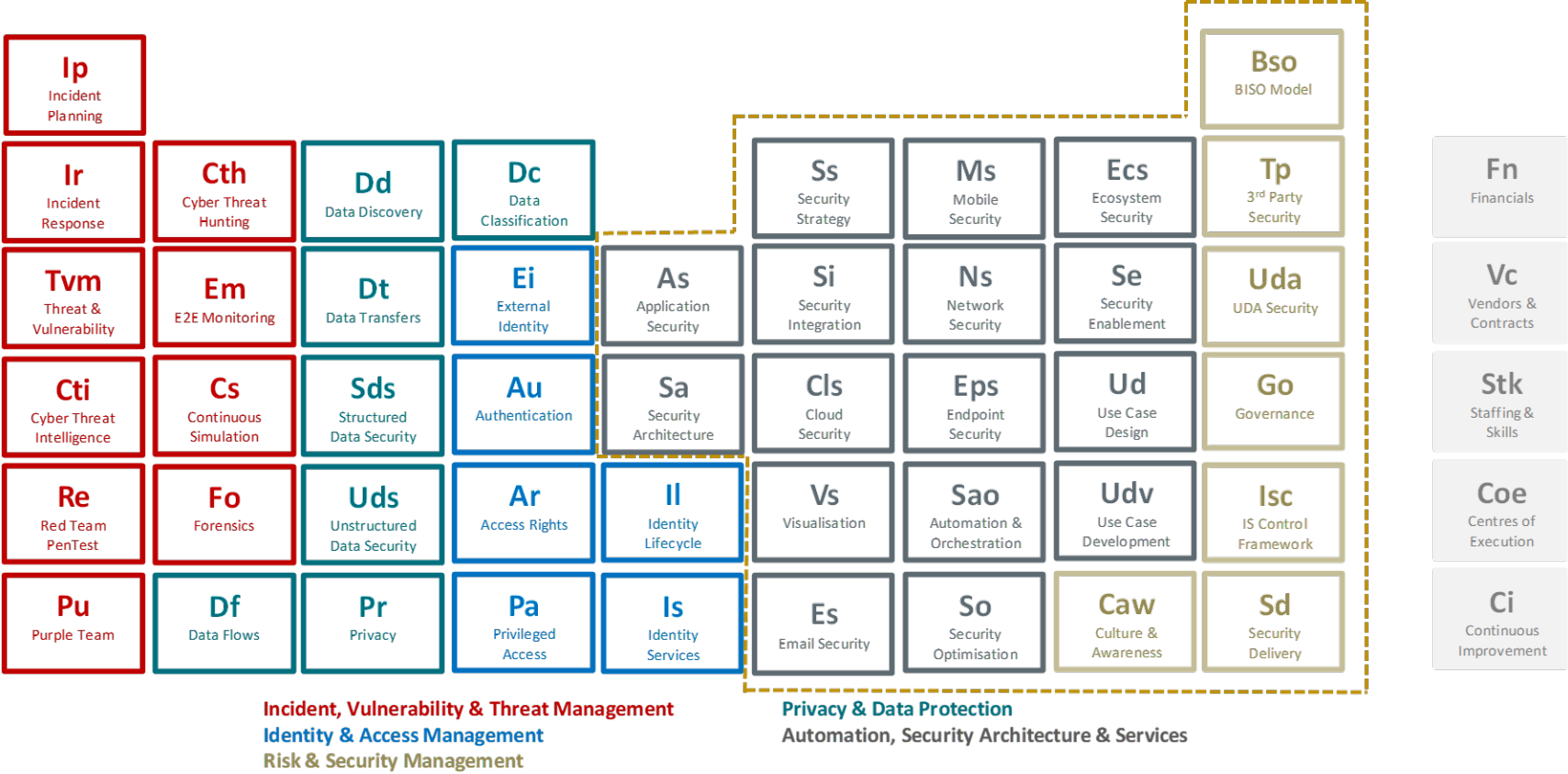
Mark Logsdon, CISO NHS Digital



Where the Data Security Centre fits in

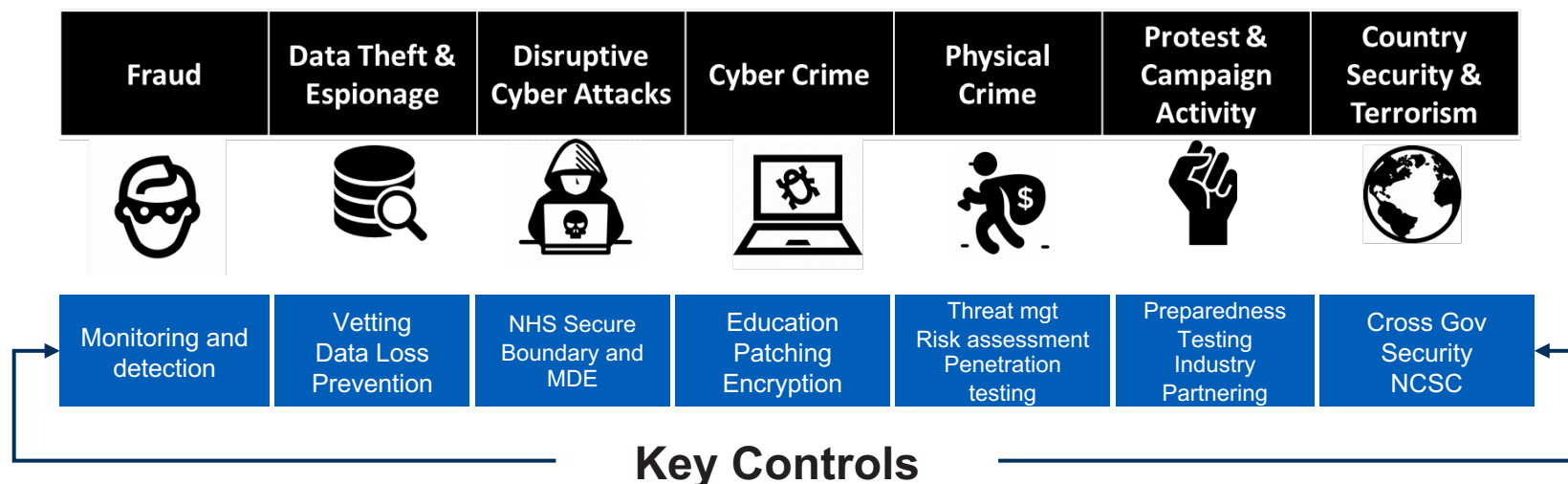


The Security Periodic Table – CISO Function



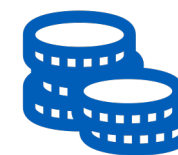
NHS Security: Threats to the NHS

The NHS is considered a high value target for malicious cyber actors, including nation states and cyber criminals, because of the quantity and sensitivity of the information held about UK citizens, and the potential for criminal financial gain through fraud



- The NHS takes a holistic approach to managing security risk, ensuring that for Cyber, Physical, Personnel, Supplier Security and Business Continuity all attack vectors are considered together
- Unsupported and legacy systems are a security risk and could cause serious harm to patients
- NCSC provides detailed assessments of the key threat vectors to the NHS, specifically calling out ransomware, phishing, legacy unpatched systems, IT supply chain and cyber-enabled fraud as real and imminent threats to our business

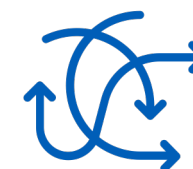
What makes us a target?



92bn
Revenue



65 m
Health records



£92m
Disruption to services
(3 days Wannacry)



£££'s
Health record value

Supporting the frontline

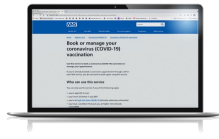


Internal security

100

Security Champions

Across NHS Digital we have 100 security champions who are actively engaged. They act as ambassadors within their teams and regularly take part in security activities



Data Security and Protection Toolkit

47k

submissions

Over 47,000 organisations submitted a DSPT return; the online self-assessment tool that allows organisations to measure their performance against the National Data Guardians standards



Incident volumes

300%

rise in cyber incidents

Since 2019 there has been a 300% rise in incident volumes; requirement to scale-up and increase automation



Cyber Associates Network

2200

CAN members

Over 2200 members of a peer to peer network aimed at improving cyber security across health and social care. Giving opportunities to discuss key issues in a safe space and learn from each other



High severity alerts

18

High severity alerts

A 60% increase on the previous year's high severity alerts. These are cyber security alerts that require immediate action to prevent damage to the network



Active defence

5m

transactions a week

We actively monitor and protect devices across the NHS and work directly with local teams in response to cyber threats



Security education

6k

downloads

Over 6000 downloads of security awareness materials from our Keep IT Confidential campaign. Topics include: social engineering, passwords, tailgating and be aware of what you share.



Devices protected

1.9m

devices enrolled

Devices enrolled onto Microsoft Defender for Endpoint which feeds directly into the cyber security operations centre enabling them to detect nefarious activity across the NHS network



Blocking malicious email activity

21m

malicious emails a month

On average CSOC blocks over 21 million emails every month. Working directly with local team to respond to the cyber threats



Protecting the NHS

23.2bn

transactions

Protection of 23.2 billion transactions over a five day period through NHS Secure Boundary

Advice and help

5 Things to do today

The cybersecurity bell curve:

Basic security hygiene still protects against 98% of attacks¹



Enable multifactor authentication

Make it harder for bad actors to utilize stolen or phished credentials by enabling multifactor authentication. Always authenticate and authorize based on all available data points, including user identity, location, device health, service or workload, data classification, and anomalies.

Apply least privilege access

Prevent attackers from spreading across the network by applying least privilege access principles, which limits user access with just-in-time and just-enough-access (JIT/JEA), risk-based adaptive policies, and data protection to help secure both data and productivity.

Keep up to date

Mitigate the risk of software vulnerabilities by ensuring your organization's devices, infrastructure, and applications are kept up to date and correctly configured. Endpoint management solutions allow policies to be pushed to machines for correct configuration and ensure systems are running the latest versions.

Utilize antimalware

Stop malware attacks from executing by installing and enabling antimalware solutions on endpoints and devices. Utilize cloud-connected antimalware services for the most current and accurate detection capabilities.

Protect data

Know where your sensitive data is stored and who has access. Implement information protection best practices such as applying sensitivity labels and data loss prevention policies. If a breach does occur, it's critical that security teams know where the most sensitive data is stored and accessed.

A word on Ransomware – top tips

Back ups

- Key data is frequently backed up
- Access is managed, multifactor authentication (MFA)
- Regular testing

Prevent malware delivery

- Mail filtering
- Malicious website blocking
- MFA for remote access

Prevent malware running

- Manage devices
- Anti-Malware
- Security updates
- Disable risky processes (e.g. macro's, PowerShell)

Prepare

- Have a plan and test it
- Business continuity
- Agree communication lines to take
- Think about what your extortion response will be

The National Cyber Security Centre



Background

The National Cyber Security Centre (NCSC), a part of GCHQ, is the UK's technical authority for cyber threats.

Since the NCSC was created in 2016 as part of the Government's five-year National Cyber Security Strategy, it has worked to make the UK the safest place to live and work online.

They support the most critical organisations in the UK, the wider public sector, industry, SMEs as well as the general public.



What NCSC can offer

Active Cyber Defence

Self service

Web check

Mail check

Exercise in a box

Detections deployed by organisations

Protective Domain Name Service (PDNS)

Logging made easy

Vulnerability disclosure

Disrupt threats

Take down

Suspicious email reporting

Standards and guidance

Cyber Essentials (CE) and CE+

an effective, Government backed scheme that will help you to protect your organisation, whatever its size, against a whole range of the most common cyber-attacks

Guidance

- Small Business Guide: Cyber Security
- Technical papers/advice
- Blogs
- “How to documents”

Find out more at <https://www.ncsc.gov.uk/>

The cyber associates network (CAN)

- A growing and engaging group
- Peer led – by members for members
- Over 2300 members made up of:
 - NHS Trusts
 - Integrated Care Boards
 - Arm's Length Bodies
 - GP Practices
 - Local Government
 - Community Interest Communities

Find out how to join here

<https://digital.nhs.uk/cyber>

Advantage

- ☐ Shape and influence cyber security across health and social care
- ☐ Invitation to associate-only seminars and events
- ☐ Direct access to senior leaders and subject-matter experts

Innovation

- ☐ Advanced access to new and enhanced cyber security products
- ☐ Opportunities to pilot, test and develop DSC products, tools and services

Development

- ☐ Priority access to training opportunities; e-learning, wider professional development and accreditations

Improvement

- ☐ Direct support and guidance on how to improve cyber resilience within your organisation
- ☐ Feedback directly and candidly to the DSC on service improvement

Thank You



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digital.nhs.uk

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