

Countermeasures To Advanced Threats

What can SMBs do to protect themselves?

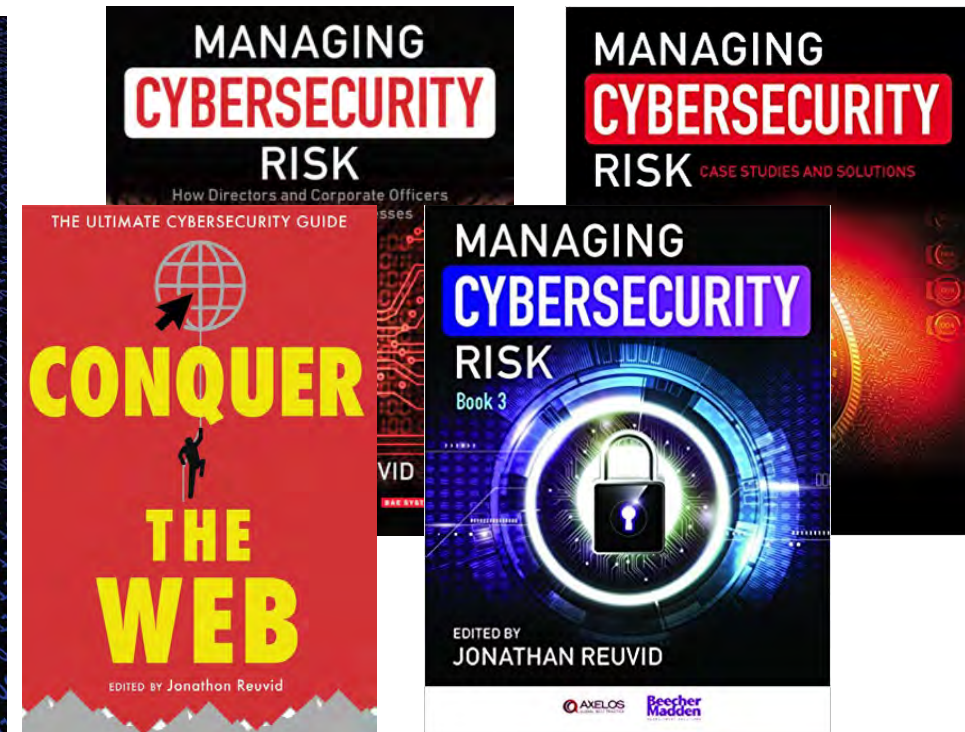
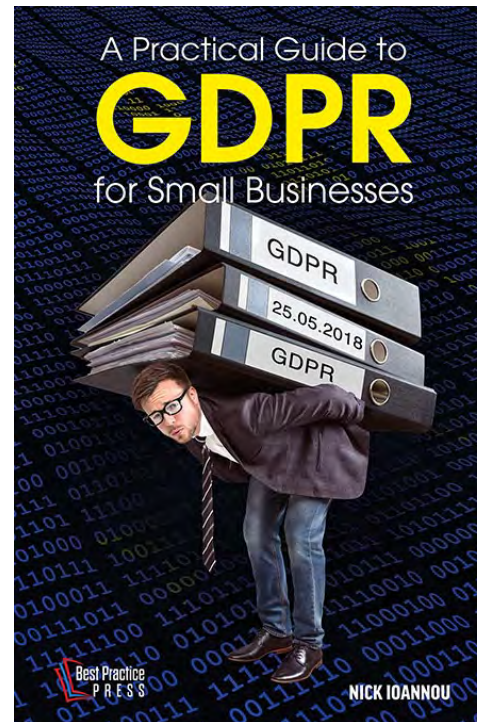
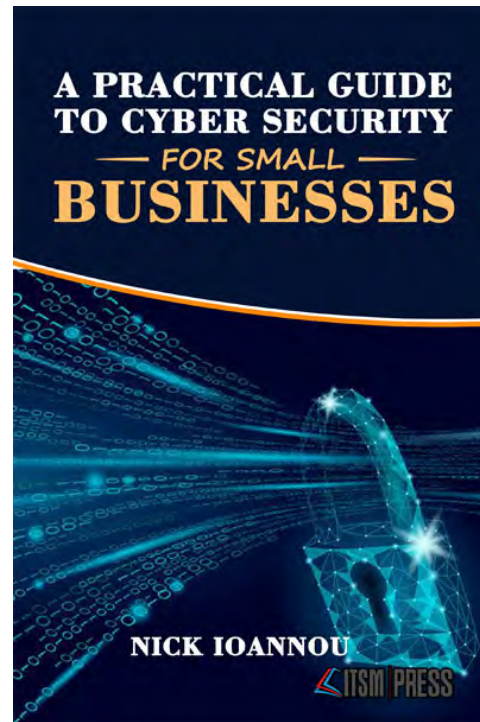
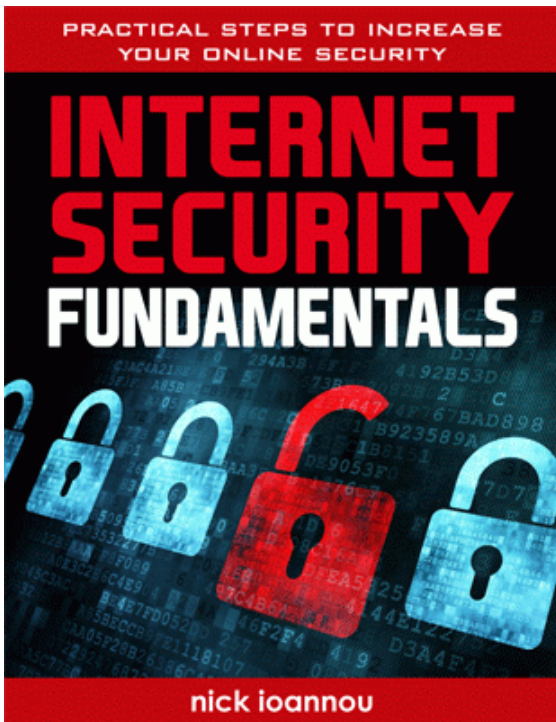


nick ioannou

Infosec Manager ◦ Author ◦ IT Blogger



My Amazon Author Page can be found at: www.amazon.com/author/nick-ioannou

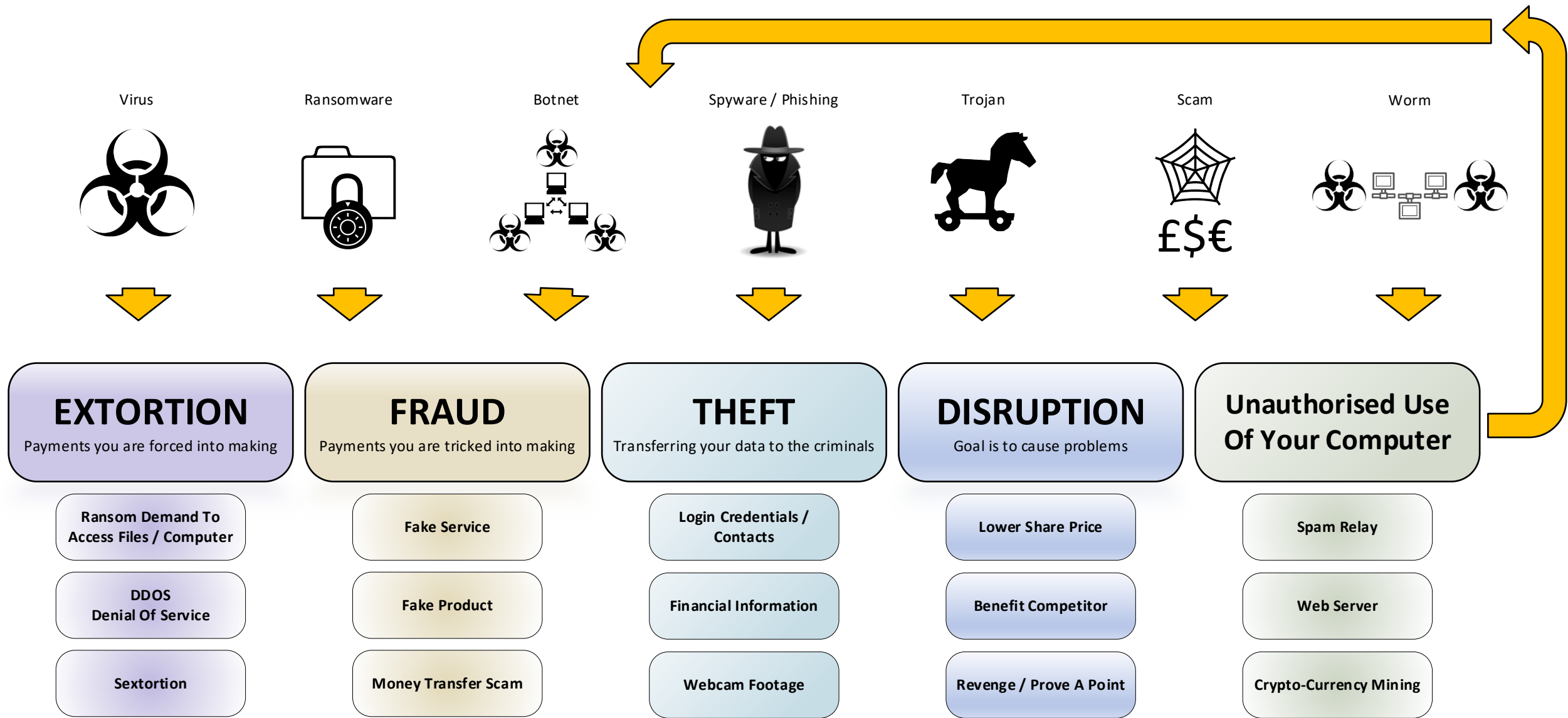


- Author -

- Contributing Author -



Who is nick ioannou?



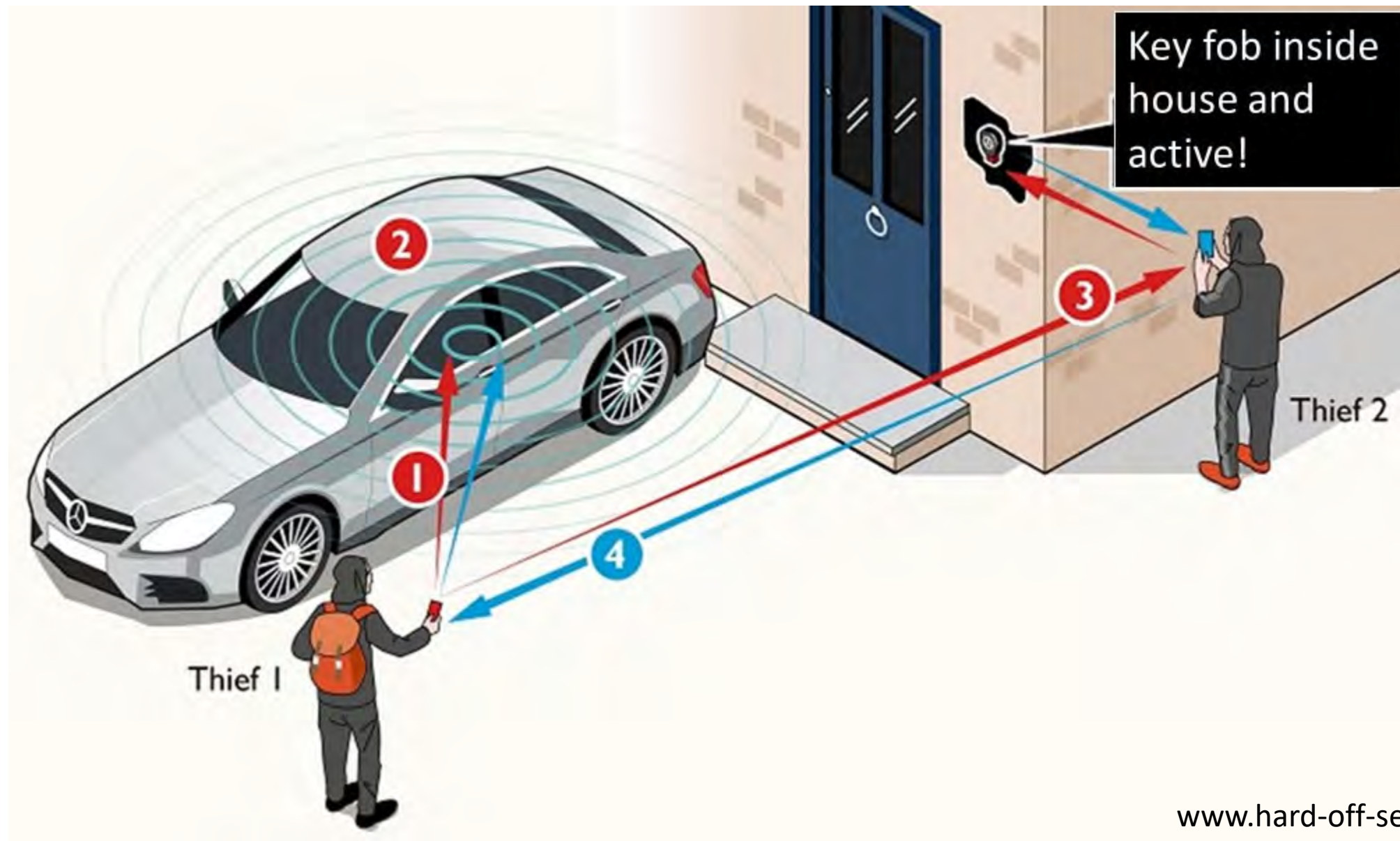
Why Would Cyber Criminals Target an Organisation?



Advanced Cyber Threats

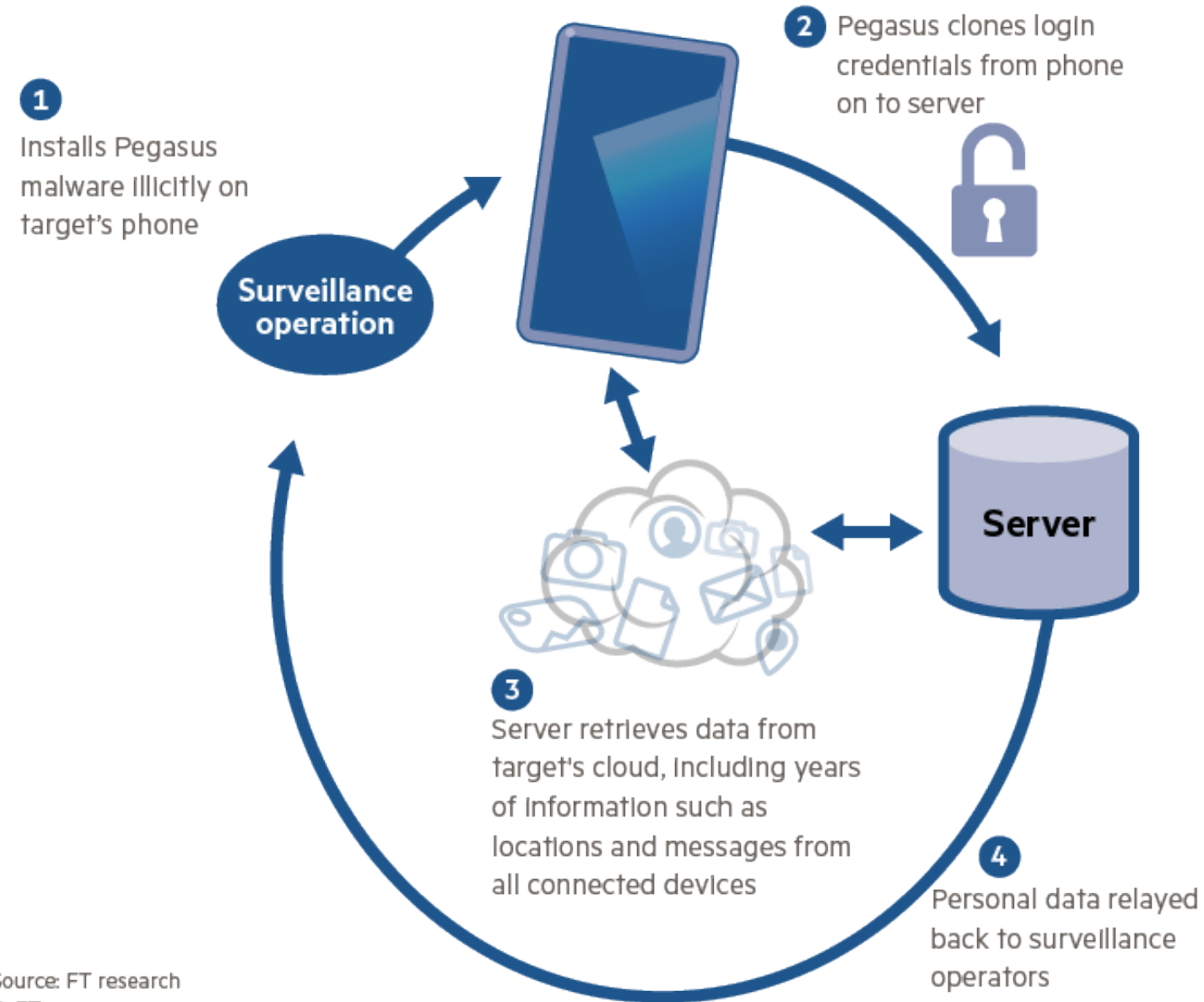
A quick explanation





What is an advanced threat?

How NSO's new capability is said to work



Source: FT research
© FT

What is an advanced cyber threat?

40%

infection rate if clicked

NIST

National Vulnerability Database – October 2021

110 known vulnerabilities - last 3 months

1637 known vulnerabilities - all time

AUTOMATED EXPLOIT KITS
ARE SOLD AS A WEB SERVICE
BY CRIMINALS TO OTHER
CRIMINALS



184



344

16



835

1



1,110

9



640

67



1,870

What is an advanced cyber threat?



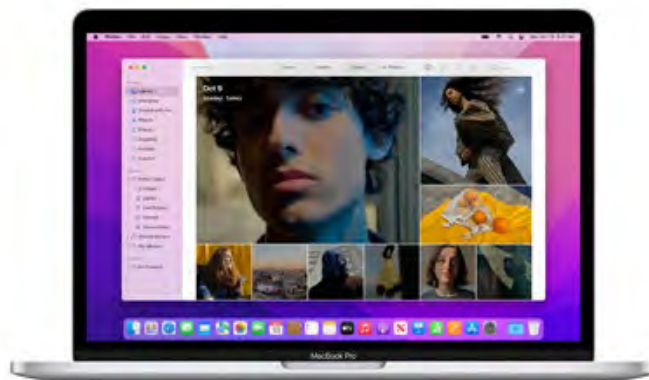
Any single part of the cyber kill chain can be advanced?

?

The What

Understanding the attack
surface of your organisation





Understanding your attack surface



Understanding your all your attack surface

REALVNC

Office 365

aws

Google Cloud Platform

salesforce

CRASHPLAN
For Small Business



vmware®

Java™



iCloud

Adobe

zoom

Windows

Google Workspace



Azure

EVERNOTE

Dropbox

box



Your software is also part of your attack surface

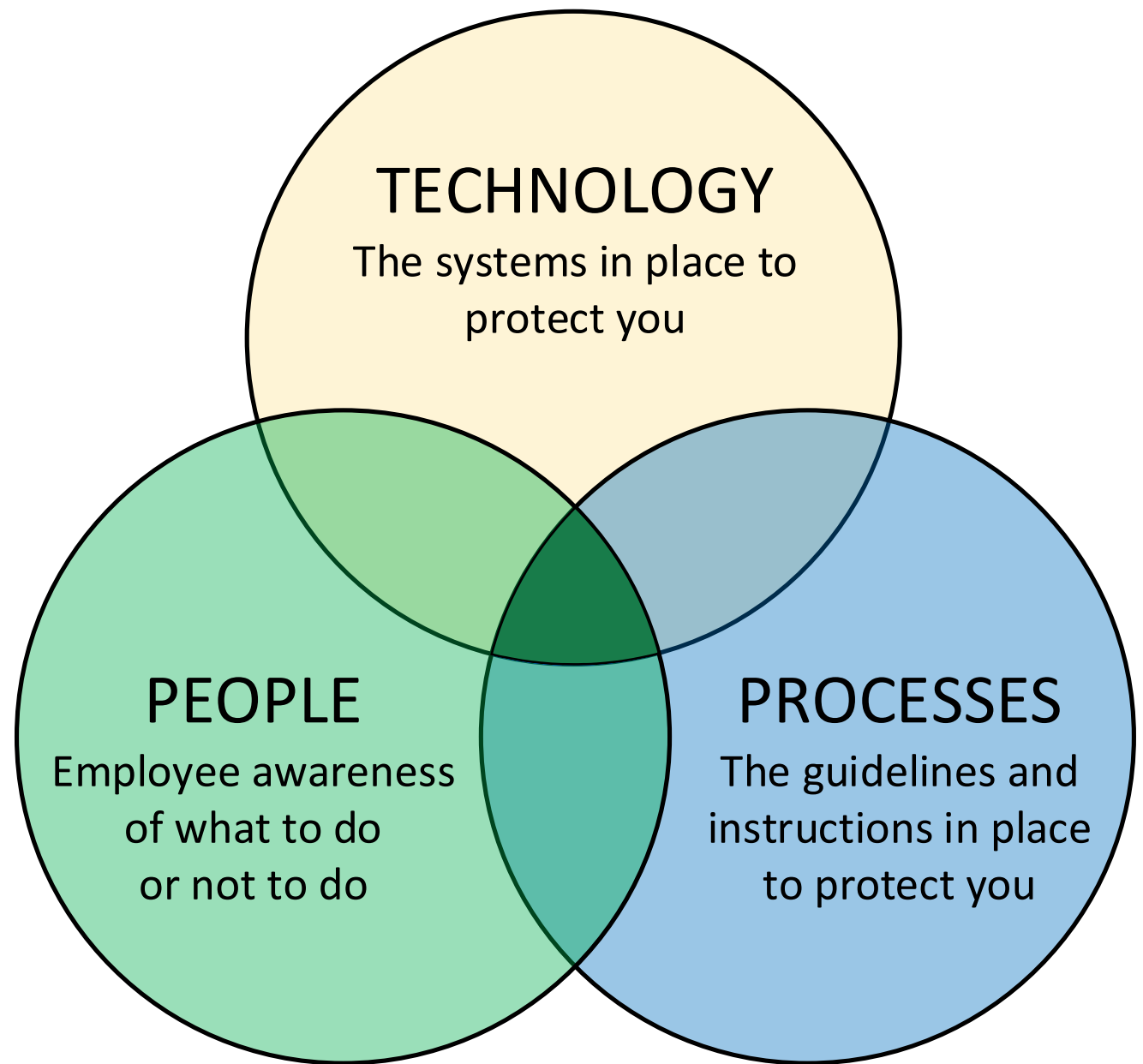
July 2009



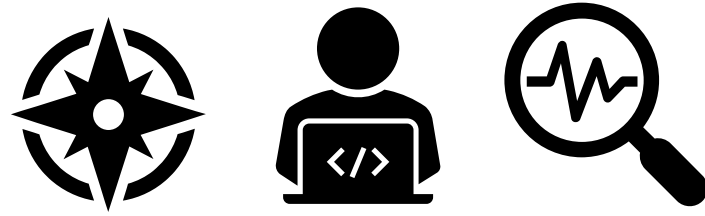
October 2021



Legacy technology creep vs emerging technology



Let's not forget the human element



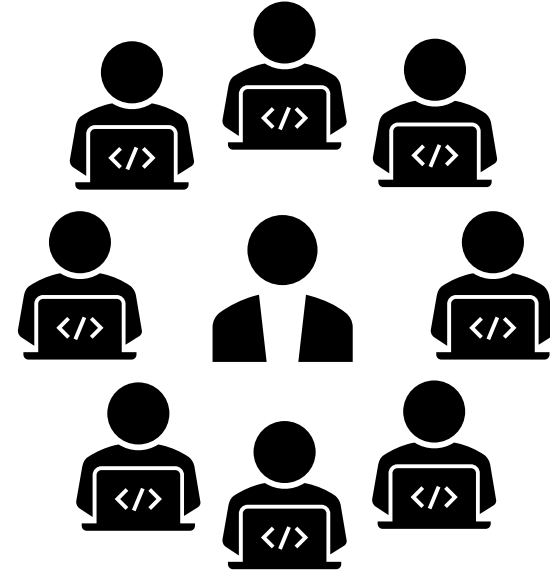
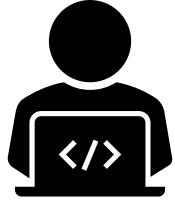
The Where, Who & Why

Expanding the asset list information





Where assets are physically or virtually



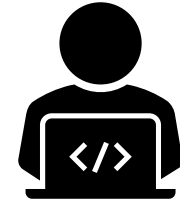
Who is the accountable person or team responsible?



Training



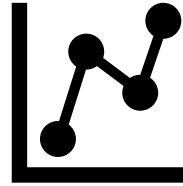
Risk Management



Productivity Tool



Marketing



Business Analytics



Legal / Regulatory



Forensics

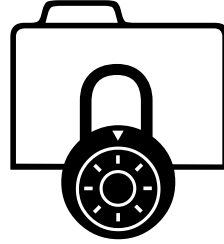


Communications



Management

Why is this asset in the organisation?



Reducing The Attack Surface

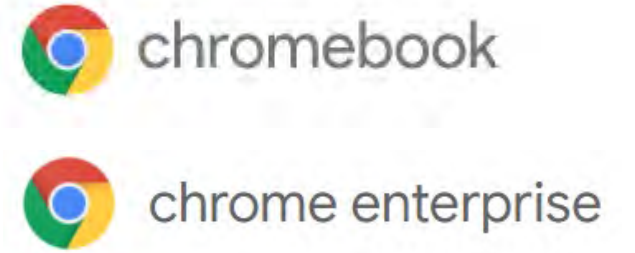
Removing may equal reducing, but
reducing does not always equal removing



iPadOS



Adobe Illustrator



Consider upgrades or alternative operating systems

DON'T PANIC!



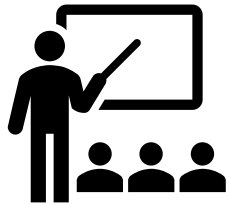
copyright 2014 john klossner www.jklossner.com

People need engaging cyber security awareness training

One of the first questions the ICO ask when a breach is reported is whether the staff member was trained in data protection



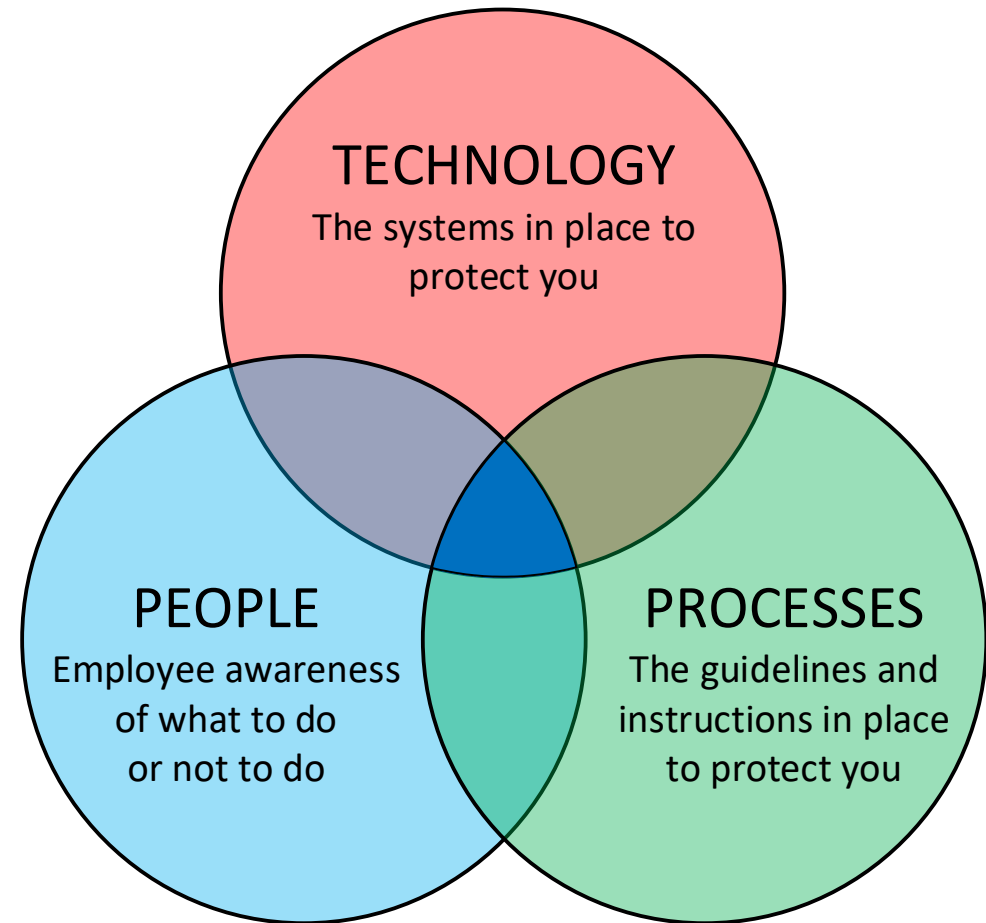
Explain the risks according to department



Demonstrate through real-world examples



Create a no-blame culture



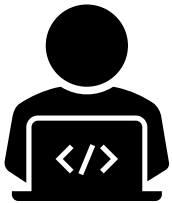
Raise awareness of social engineering attacks

A one size fits all approach does not work for security awareness training



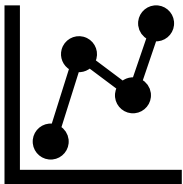
Marketing

Data privacy risks



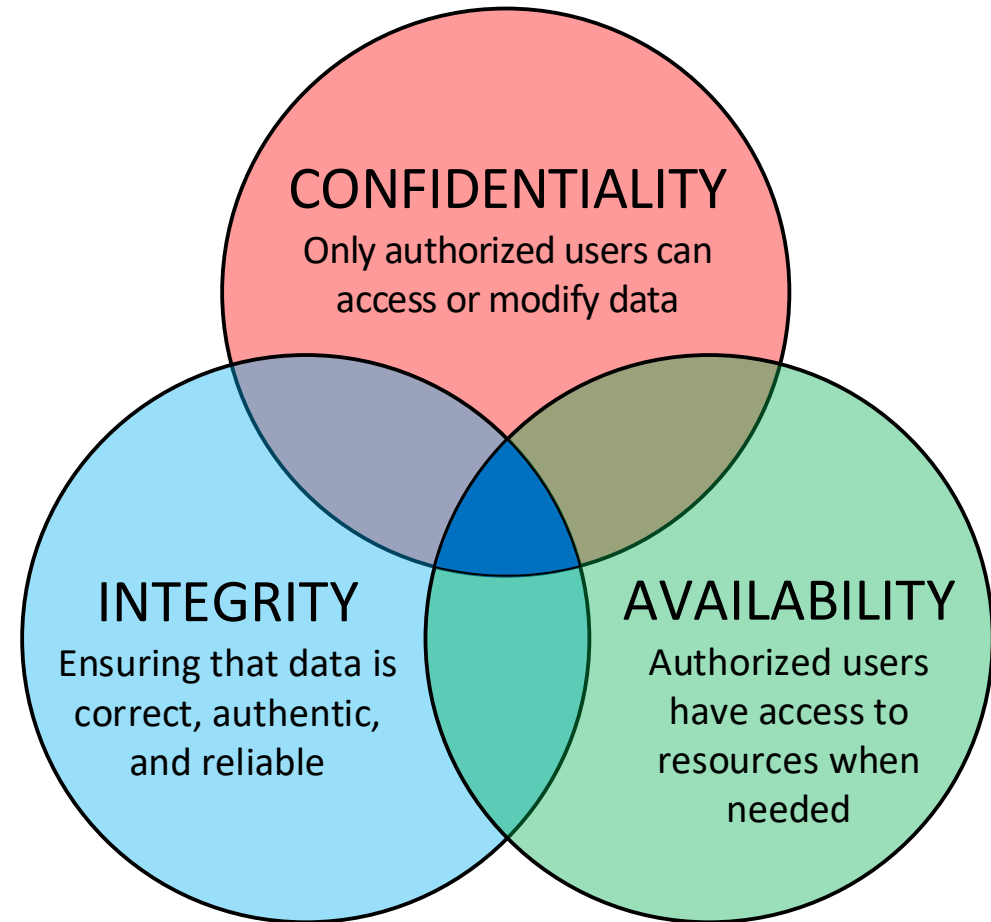
Engineering

Supply chain compromise,
extortion & theft



Finance

Fraud



Explain the major risks by department

To PHISH or not to PHISH
your own staff; that is the question?

PHISHME

phishd

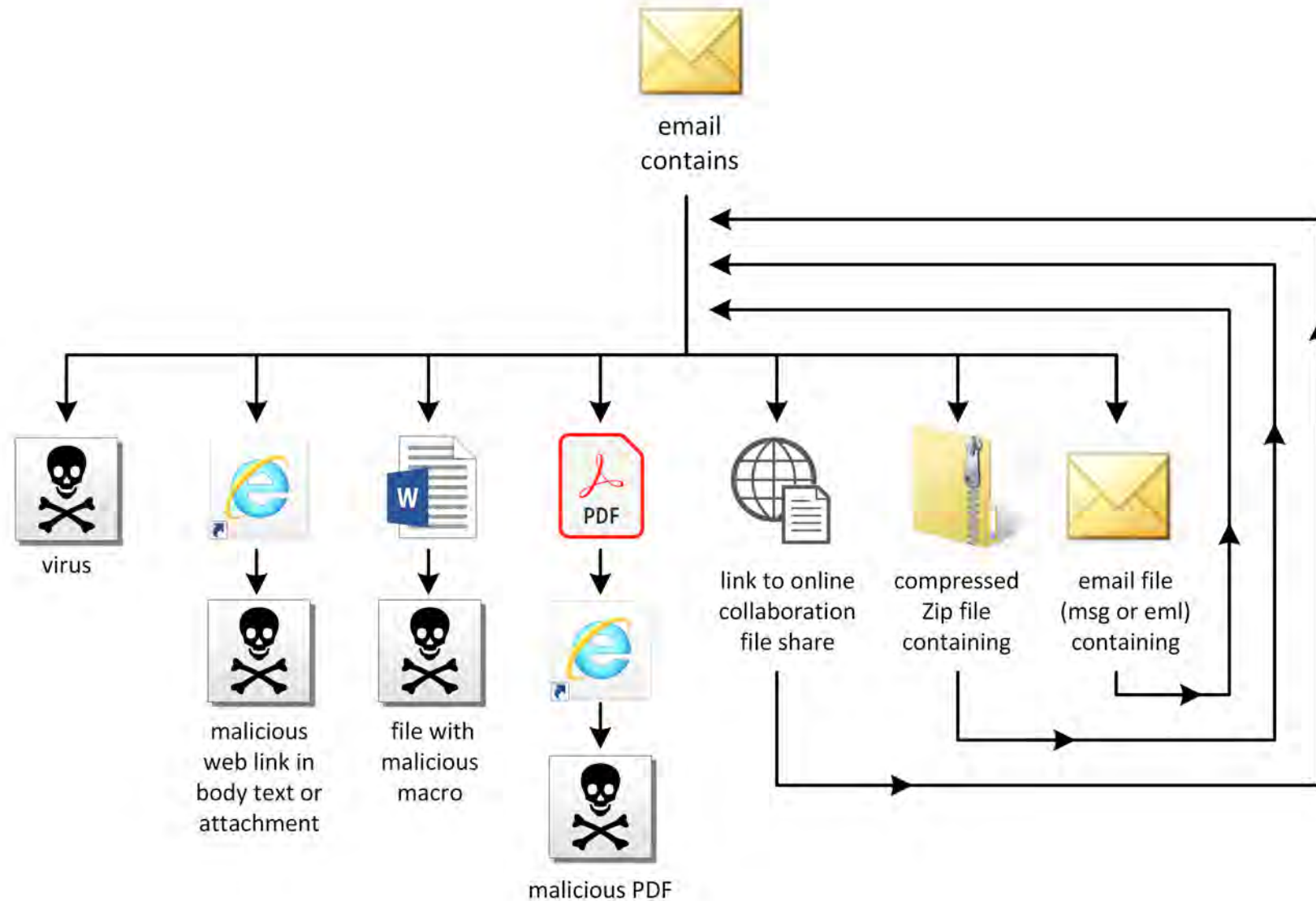
 **PHISHLABS**



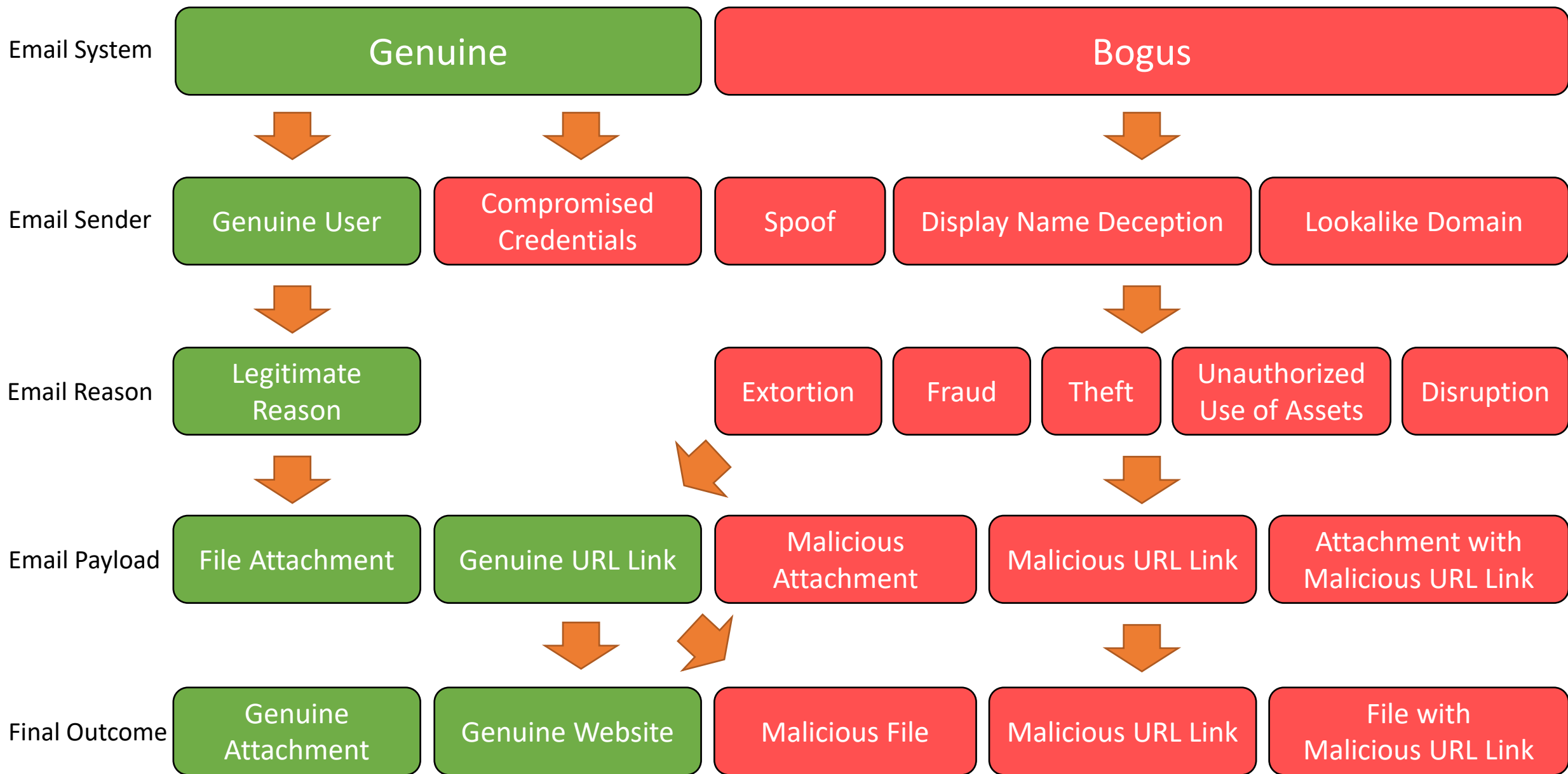
proofpoint

 **REDSCAN**

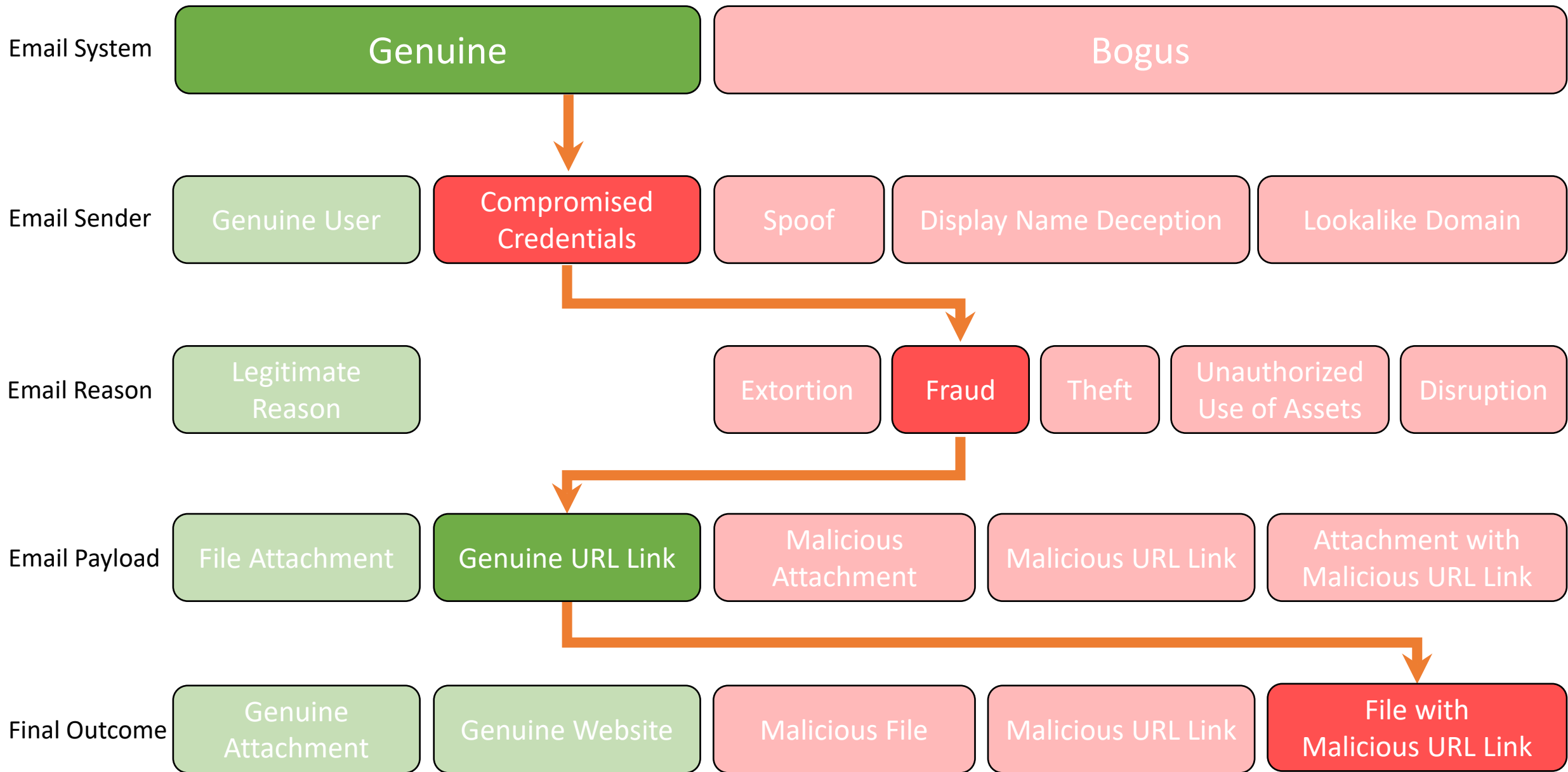
Changing the culture



Emails are still the main infection route

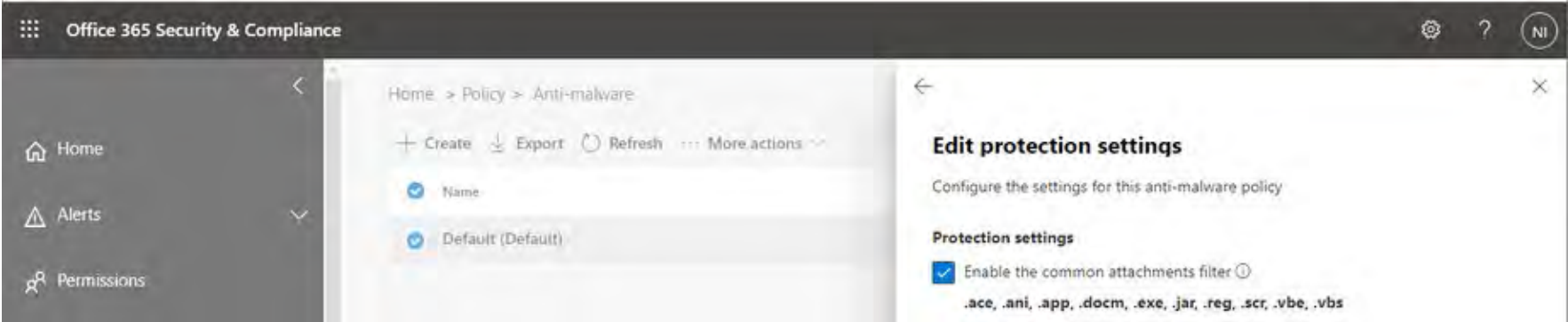


Types of email



Types of email

<i>ace</i>	<i>ade</i>	<i>adp</i>	<i>ani</i>	<i>app</i>	<i>asp</i>	<i>bas</i>	<i>bat</i>	<i>cer</i>	<i>chm</i>
<i>cmd</i>	<i>com</i>	<i>cpl</i>	<i>crt</i>	<i>csn</i>	<i>der</i>	<i>dll</i>	<i>docm</i>	<i>dos</i>	<i>exe</i>
<i>fxp</i>	<i>gadget</i>	<i>hlp</i>	<i>hta</i>	<i>inf</i>	<i>ins</i>	<i>isp</i>	<i>its</i>	<i>jar</i>	<i>js</i>
<i>jse</i>	<i>ksh</i>	<i>lnk</i>	<i>mad</i>	<i>maf</i>	<i>mag</i>	<i>mam</i>	<i>maq</i>	<i>mar</i>	<i>mas</i>
<i>mau</i>	<i>mav</i>	<i>maw</i>	<i>mda</i>	<i>mdb</i>	<i>mde</i>	<i>mdt</i>	<i>mdw</i>	<i>mdz</i>	<i>msc</i>
<i>msh</i>	<i>msh1</i>	<i>msh1xml</i>	<i>msh2</i>	<i>msh2xml</i>	<i>mshxml</i>	<i>msi</i>	<i>msp</i>	<i>mst</i>	<i>obj</i>
<i>ops</i>	<i>os2</i>	<i>pcd</i>	<i>pif</i>	<i>plg</i>	<i>prf</i>	<i>prg</i>	<i>ps1</i>	<i>ps1xml</i>	<i>ps2</i>
<i>ps2xml</i>	<i>psc1</i>	<i>psc2</i>	<i>pst</i>	<i>rar</i>	<i>reg</i>	<i>scf</i>	<i>scr</i>	<i>sct</i>	<i>shb</i>
<i>shs</i>	<i>tmp</i>	<i>url</i>	<i>vb</i>	<i>vbe</i>	<i>vbs</i>	<i>vsmacros</i>	<i>vsw</i>	<i>vxd</i>	<i>w16</i>
<i>ws</i>	<i>wsc</i>	<i>wsf</i>	<i>wsh</i>	<i>xnk</i>					



You can find my free step-by-step instructions for Office 365 at: www.booleanlogical.com/office-365-security

Filter email & block executable file types

quad9

censornet.

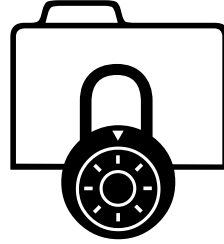
OpenDNS

zscaler™

 Cisco Umbrella

MENLO
SECURITY

Filter web traffic



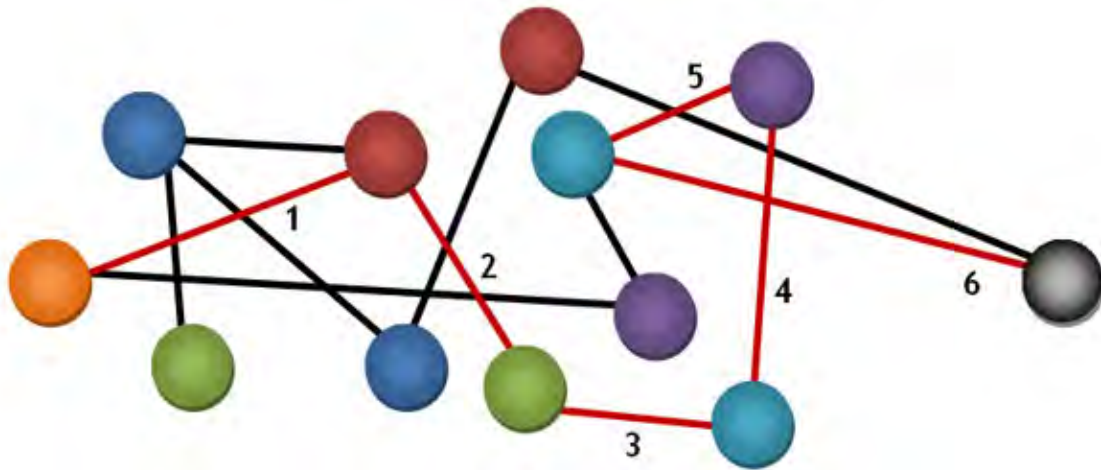
Secure Configuration

Has everything been securely configured?





Is everything securely configured?



Firewall & traffic shaping

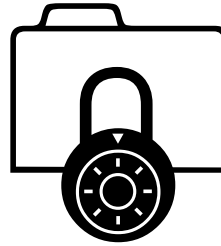
SSID:

Firewall

Layer 3 firewall rules ⓘ

#	Policy	Protocol	Destination	Port	Comment	Actions
	<input type="button" value="Deny"/>	Any	Local LAN	Any	Wireless clients accessing LAN	
	<input type="button" value="Allow"/>	Any	Any	Any	Default rule	
Add a layer 3 firewall rule						

Does six degrees of separation apply to all your systems?



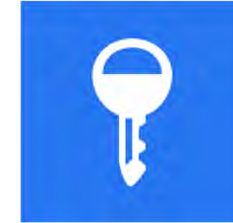
Access Control

Reducing user identity related risks





2 step verification logins



LastPass...



IAM / Single Sign-On & Multi-Factor Authentication

Zero Trust Principles



Verify Explicitly

Always authenticate and authorize based on all available data points, including user identity, location, device health, data classification, and anomalies.



Least Privilege

Minimize user access with Just-In-Time and Just-Enough Access (JIT/JEA), risk-based adaptive policies, and data protection which protects data and productivity.

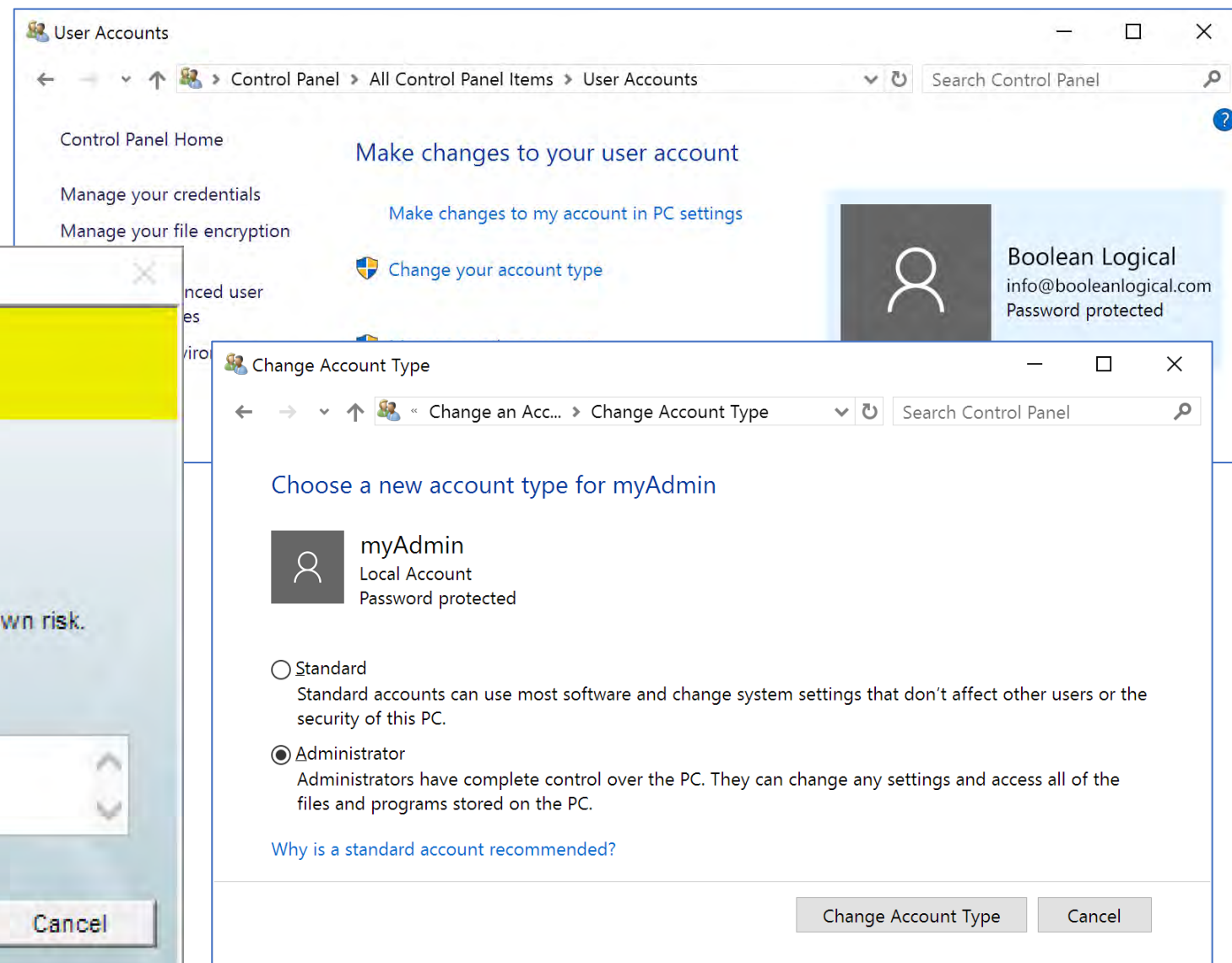
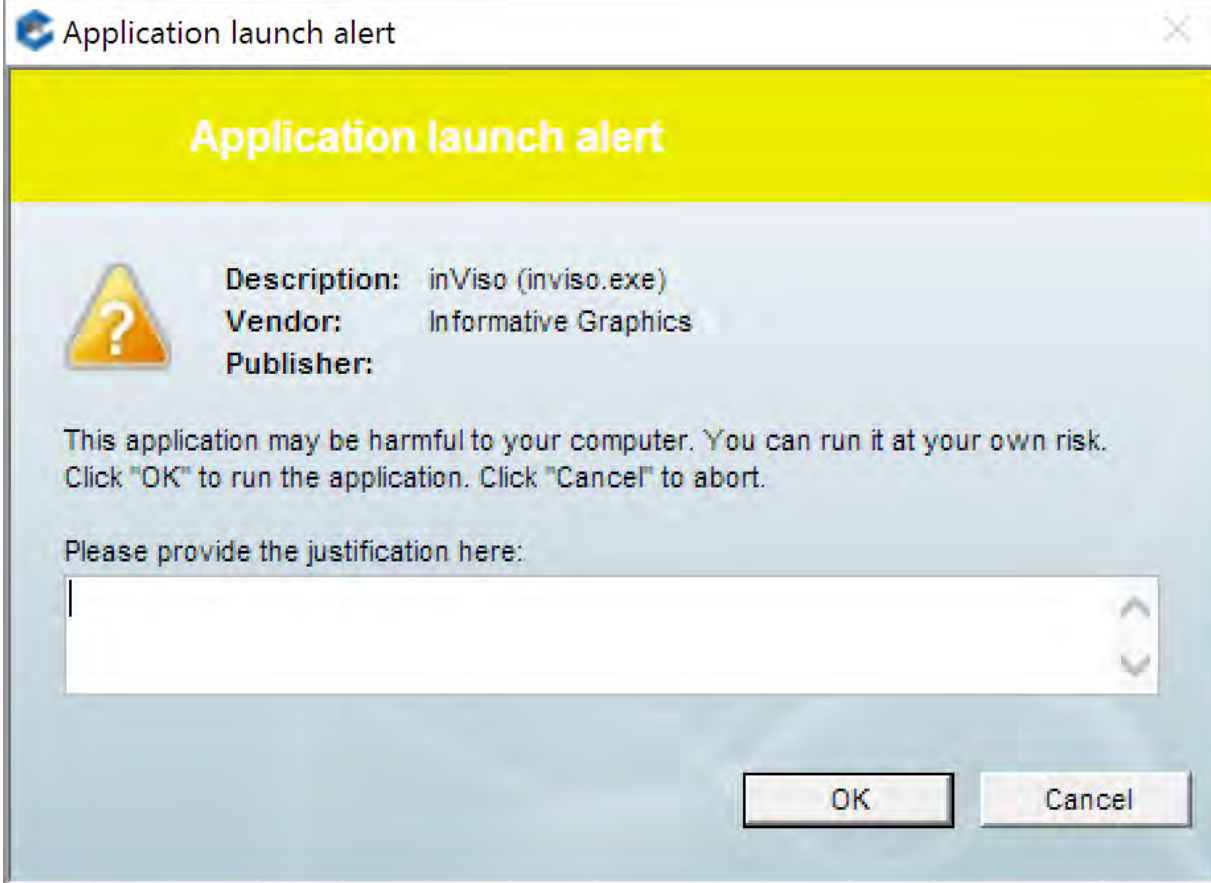


Assume Breach

Minimize scope of breach damage and prevent lateral movement by segmenting access via network, user, devices and application awareness. Verify all sessions are encrypted end to end. Use analytics to get visibility and drive threat detection.



Zero-trust security model & context-aware access



Admin rights equals a security risk



Visibility

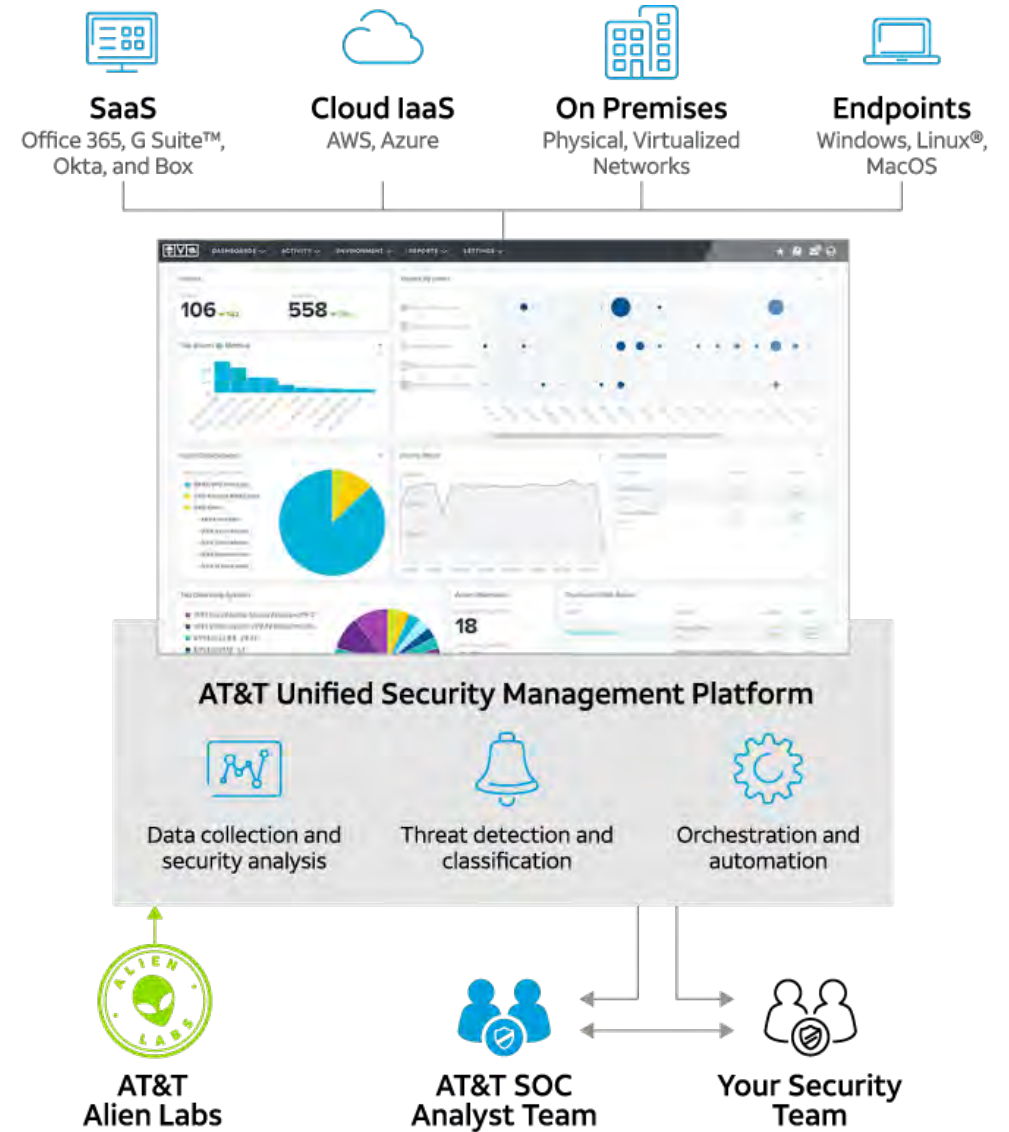
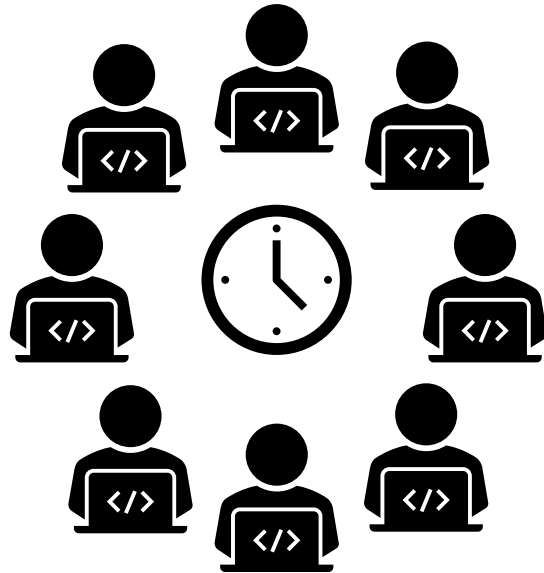
Can you see network traffic and device activity?





Do you need a SIEM (security info and event management)?

24/7 monitoring is expensive



Do you need a SOC (security operations centre)?

SonicWall - Administration fo

https://10.204.65.15/main.html

SONICWALL Network Security Appliance

MONITOR INVESTIGATE MANAGE QUICK CONFIGURATION

Help | Logout

Mode: Configuration ▶

Dashboard

Event Summaries

Threat Protection

Capture ATP

Spam Statistics

Appliance Health

Overview

Live Monitor

Bandwidth Monitor

Protocol Monitor

Current Status

System Status

▶ User Sessions

High Availability Status

Anti-Spam Status

SonicPoint Stations

Wireless Status

3G/4G/Modem Status

VoIP Call Status

WAN Acceleration Status

System Information

Show Multi-Core Monitor

Model:	TZ 300 wireless-AC
Product Code:	12731
Serial Number:	18B1691F5900
Authentication Code:	6KVU-T6TT
Firmware Version:	SonicOS Enhanced 6.5.0.0-27n
Safemode Version:	SafeMode 6.2.3.7
ROM Version:	SonicROM 5.6.0.14
CPUs:	2.25% - 1.60 GHz (2 x 800 MHz Mips64 Oction Processor)
Total Memory:	1 GB RAM, 64 MB Flash
System Time:	09/13/2017 11:46:16
Up Time:	19 Days 01:03:26
Connections:	Peak:338 Current:3 Max:37500 ?
Connection Usage:	0.008%
Last Modified By:	Unmodified since reboot
Registration Code:	4HUWKHPM

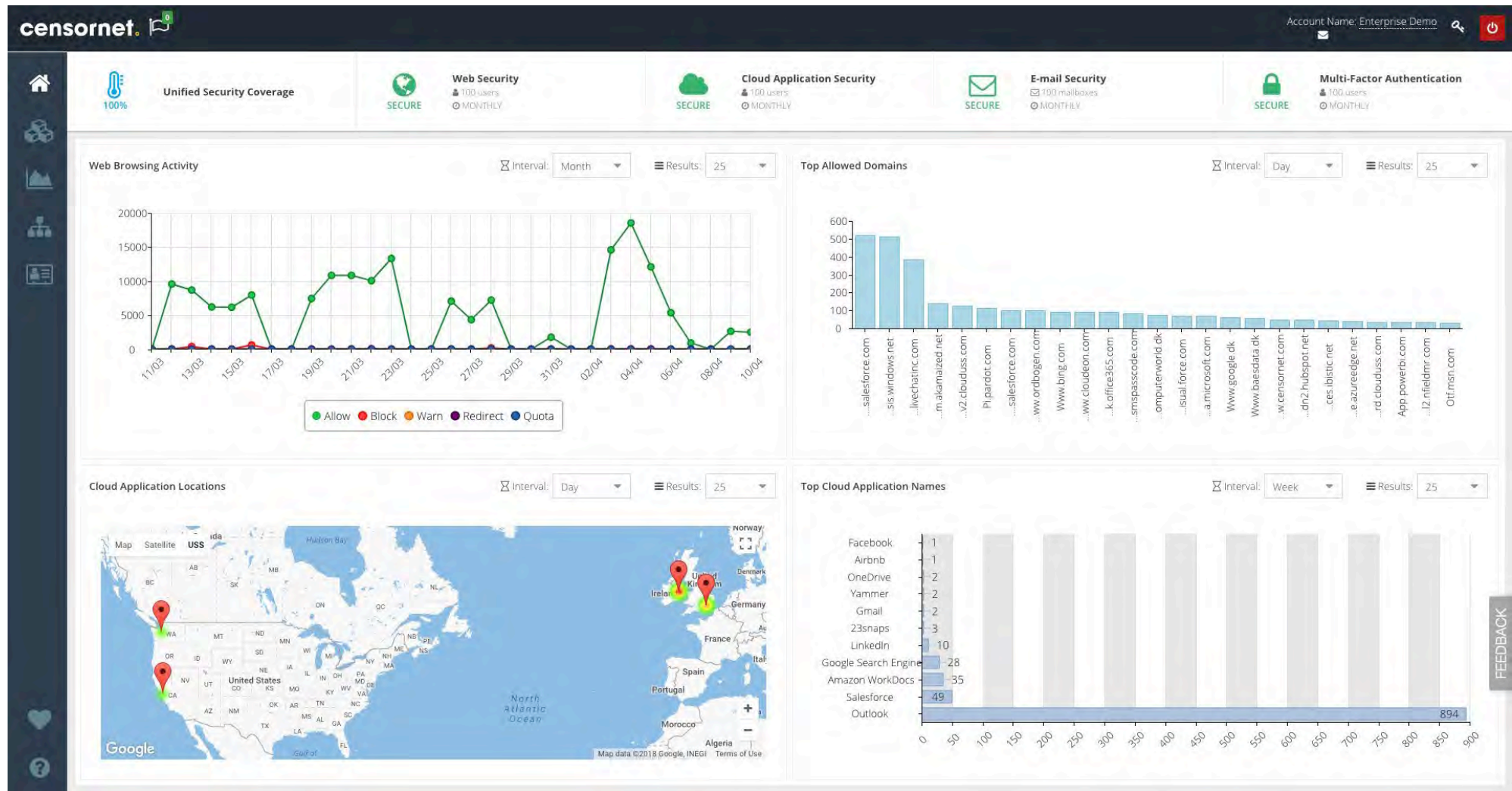
Security Services

Show All License Information

Service Name	Status
Nodes/Users	Licensed Unlimited Nodes
SSL VPN Nodes/Users	Licensed 1 Nodes (0 in use)
VPN	Licensed
Global VPN Client	Licensed 2 Licenses (0 in use)
CFS (Content Filter)	Licensed
Expanded Feature Set	Not Licensed
McAfee AV Enforcement	Not Licensed
Client Content Filtering	Not Licensed
Gateway Anti-Virus	Licensed
Capture ATP	Licensed
Anti-Spyware	Licensed
Intrusion Prevention	Licensed
App Control	Licensed
App Visualization	Licensed
Anti-Spam	Not Licensed
Analyzer	Not Licensed
DPI-SSL	Not Licensed
DPI-SSH	Not Licensed
WAN Acceleration	Not Licensed

Status: Ready

Unified threat management (UTM) firewalls



Web traffic filters also have extensive reporting



SOTI

kandji 

ManageEngine 
Mobile Device Manager Plus



Fully-functional, perfect for
small businesses.

Mobile device management (MDM)



Forensics and Remediation

Root cause analysis and in-depth remediation



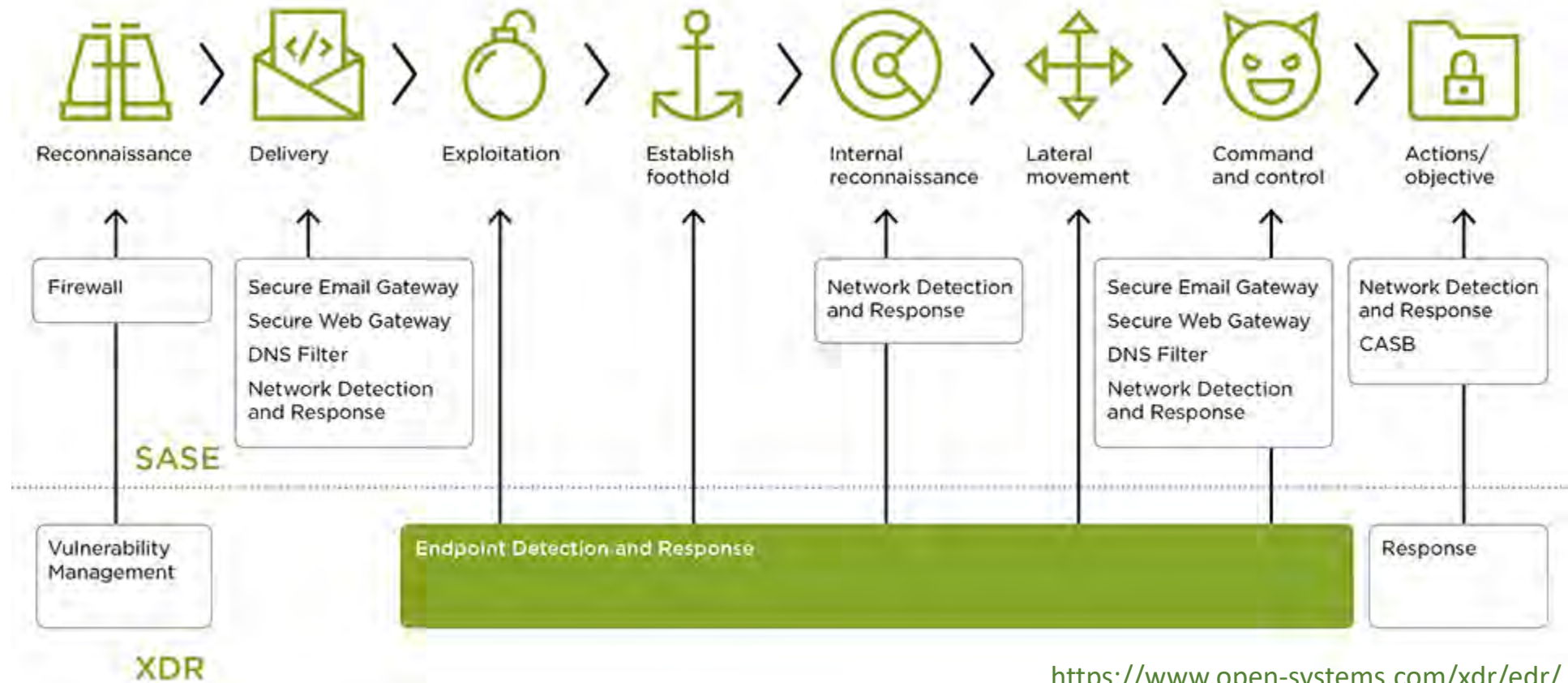
https://mitre-attack.github.io/attack-navigator/

Software Execution x

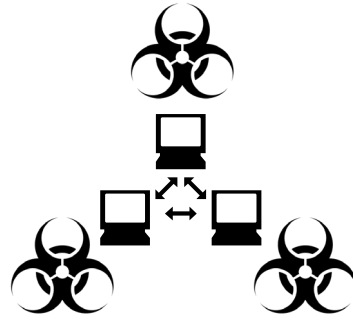
selection controls layer controls technique controls

Initial Access 9 techniques	Execution 10 techniques	Persistence 18 techniques	Privilege Escalation 12 techniques	Defense Evasion 37 techniques	Credential Access 14 techniques	Discovery 25 techniques	Lateral Movement 9 techniques	Collection 17 techniques
Replication Through Removable Media	Native API	BITS Jobs	Process Injection (8/11)	Obfuscated Files or Information (5/5)	Credentials from Password Stores (3/3)	System Information Discovery	Replication Through Removable Media	Screen Capture
Drive-by Compromise	Windows Management Instrumentation	Hijack Execution Flow (7/11)	Access Token Manipulation (5/5)	Deobfuscate/Decode Files or Information	Network Sniffing	File and Directory Discovery	Lateral Tool Transfer	Data from Local System
Valid Accounts (2/4)	Command and Scripting Interpreter (7/8)	Traffic Signaling (0/1)	Exploitation for Privilege Escalation	Modify Registry	OS Credential Dumping (8/8)	Process Discovery	Exploitation of Remote Services	Audio Capture
Exploit Public-Facing Application	Exploitation for Client Execution	Valid Accounts (2/4)	Hijack Execution Flow (7/11)	Process Injection (8/11)	Brute Force (3/4)	System Network Configuration Discovery	Taint Shared Content	Archive Collected Data (3/3)
External Remote Services	Shared Modules	Account Manipulation (1/4)	Valid Accounts (2/4)	Rootkit	Steal Web Session Cookie	System Owner/User Discovery	Remote Services (6/6)	Clipboard Data
Hardware Additions	Scheduled Task/Job (3/6)	Browser Extensions	Boot or Logon Autostart Execution (8/12)	Indicator Removal on Host (5/6)	Two-Factor Authentication Interception	Query Registry	Software Deployment Tools	Video Capture
Phishing (2/3)	Software Deployment Tools	Boot or Logon Autostart Execution (8/12)	Group Policy Modification	Access Token Manipulation (5/5)	Unsecured Credentials (4/6)	System Network Connections Discovery	Internal Spearphishing	Automated Collection
Supply Chain Compromise (1/3)	Inter-Process Communication (2/2)	Compromise Client Software Binary	Scheduled Task/Job (3/6)	Virtualization/Sandbox Evasion (3/3)	Exploitation for Credential Access	System Time Discovery	Remote Service Session Hijacking (1/2)	Data from Removable Media
Trusted Relationship	System Services (2/2)	External Remote Services	Abuse Elevation Control Mechanism (4/4)	BITS Jobs	Forced Authentication	System Service Discovery	Use Alternate Authentication Material (2/4)	Man in the Browser
	User Execution (2/2)	Scheduled Task/Job (3/6)	Boot or Logon Initialization Scripts (3/5)	Hijack Execution Flow (7/11)	Input Capture (3/4)	Peripheral Device Discovery		Data from Network Shared Drive
		Boot or Logon Initialization Scripts (3/5)	Create or Modify System Process (4/4)	Masquerading (5/6)	Man-in-the-Middle (1/2)	Remote System Discovery		Data from Cloud Storage Object
		Create Account (2/3)	Event Triggered Execution (10/15)	Traffic Signaling (0/1)	Modify Authentication Process (3/4)	Application Window Discovery		Data from Configuration Repository (0/2)
		Create or Modify System Process (4/4)		Valid Accounts (2/4)	Steal Application Access Token	Network Service Scanning		Data from Information Repositories (1/2)
		Event Triggered Execution (10/15)		Indirect Command Execution	Steal or Forge Kerberos Tickets (3/4)	Network Share Discovery		Data Staged (1/2)
		Implant Container Image		Group Policy Modification		Software Discovery (1/1)		Email Collection (2/3)
		Office		Rogue Domain Controller		Network Sniffing		Input Capture (3/4)
				XSL Script Processing		Domain Trust Discovery		Man-in-the-
				Abuse Elevation Control Mechanism (4/4)				
				Direct Volume Access				

Mitre att&ck® matrix



Endpoint detection and response (EDR)



Conclusion





9 areas for true cover



There is no secret ingredient

nick's FREE IT resources list

20+ years of IT knowledge condensed into 450+ blog entries of SMB advice and FREE software

[main blog](#) [learn to code](#) [cyber security for SMBs](#)

Tuesday, 28 August 2018

FREE Mobile Device Management for Apple Devices



Jamf Now, is a cloud-based Mobile Device Management (MDM) solution for the iPad, iPhone and Mac devices in your workplace. Manage your first three devices for free. Add more starting at just \$2/device/month. See: <https://www.jamf.com/products/jamf-now/>

No comments: [Links to this post](#)

Thursday, 26 July 2018

Fight Back Against Phishing



Phishing is a fraudulent attempt, usually made through email, to steal your personal information. Join the fight against phishing! Submit suspected phishes, track the status of your submissions and verify other users' submissions. PhishTank is a free service operated by Cisco OpenDNS. see: <http://www.phishtank.com>

No comments: [Links to this post](#)

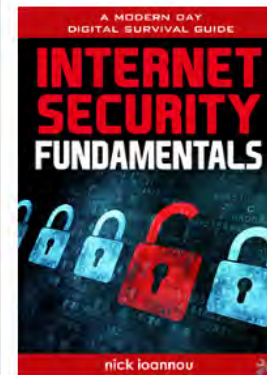
Wednesday, 25 July 2018

Read This Before Buying Apple Hardware Products



Apple hardware is expensive, so the last thing you want is 2 months after making your purchase, a new improved model is released. The MacRumors Buyer's Guide offers free advice on which products to buy or avoid, when the item in question was released and whether it is about to be superseded. See: <https://buyersguide.macrumors.com/>

Cyber security in plain English!



Featured post

FREE DNS Security Solution

Quad9 is a free security solution that uses DNS to protect your systems against the most common cyber threats. Quad9 routes your DNS quer...



GDPR Data Classification

Date:
Company:
Completed by:
Data protection impact assessment (DPIA) req?

WHAT

What personal data we hold

Personal Details
Name
Address
Email
Telephone
Fax
Date of birth
Title / gender
Emergency contact
Next of kin / relationship
Parental consent
Anniversary dates
Social media accounts
Personal interests
Personal memberships

WHO

Who the data is on

Staff
Clients / customers
Consultant
Supplier
Emergency Contact

WHY

Lawful basis for processing

Staff administration
Client administration
Consultant administration
Supplier administration
Monitoring
Marketing activities
Profiling

WHERE

Where we store the data

Manual records
Local digital records
Local file server
Private cloud service
Public cloud service
External hosted service
3rd party company

WHEN

When we obtained it

Staff Appointment
Pre-appointment
At request
At the time
First Contact

HOW

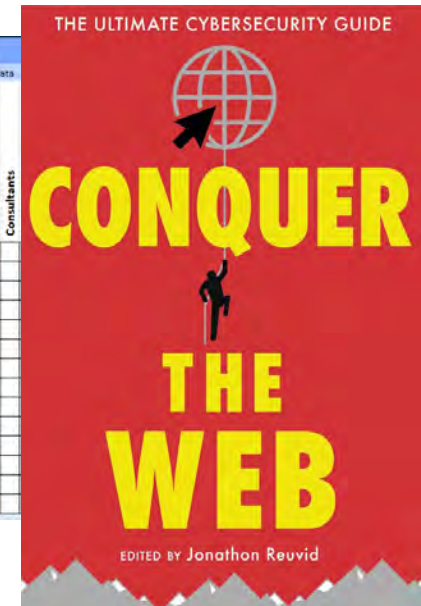
How we got it

Directly from data subject
Via marketing activities
Given by 3rd party
Purchased from 3rd party

ACCESS

Who can access the data

Management
General Staff
Finance
HR
Suppliers
Consultants



For more security resources and advice see:

www.booleanlogical.com