All things digital
health and social care
at the ALLIANCE

Chris Mackie
Director of Digital
• Our vision is a Scotland where everyone has a strong voice and enjoys their right to live well with dignity and respect

• Scotland's national third sector intermediary for health and social care

• Strategic partner of Scottish Government

• >3600 members, including disabled people, people living with long term conditions, unpaid carers, and third sector organisations
The ALLIANCE: about our work

- Humans of Scotland
- Digital
- Engagement in Europe
- Health and Social Care Integration
- In the Community
- Membership
- People and Networks
- Policy into Practice
- Self Management and Co-Production Hub
- Self Management Funded Projects
The Digital Hub at the ALLIANCE
A Local Information System for Scotland (ALISS)
Helps people find and share information about local community assets and services that support health and wellbeing
“Health is a state of complete physical, mental and social well-being and not merely the absence of disease or infirmity.”

World Health Organisation (WHO)
• **What keeps you well?**
  People valued a wide range of support including local activities, events, places and opportunities as well as formal services.

• **Are there barriers to accessing these resources?**
  Information about local support is hard to find, either because it is only available in paper form or word of mouth, and when online, it is often scattered across multiple sites with a lot of duplication.

• **What should we do to address these barriers?**
  One list of all sources of support, made available through multiple places where individuals might seek it themselves or where professionals might seek it on their behalf. And a mechanism and support that enables agencies and professionals across different sectors to work together and with communities to collectively identify, maintain and share information.
ALISS therefore includes a broad range of groups, services, activities and resources that:

- **enable social connection**
  e.g. peer support, hobby clubs, befriending services

- **assist people to self manage their long term conditions**
  e.g. helplines, support groups

- **support outdoor or physical activity**
  e.g. walking groups, community gardens

- **link to a range of practical support**
  e.g. money advice, advocacy support

- **involve digital technology**
  e.g. online forums, health related mobile apps
- Open source
- Open data
- Crowdsourced
- Coproduced
- Agile
Connecting you to your community.

Find services, groups and activities for health and wellbeing across Scotland.

Search by:

Where

What

Where do you want to search?

For example, Glasgow, Wick or EH99 1SP

Search
Services and Resources for (G64 2BP)

13 Results

CAMHS resources

Delivered by: CAMHS resources
Last updated: 24/07/2024
CAMHS resources is a website created for young people, carers and professionals to pool together lots of helpful resources to help support mental health and well-being.

Walking Groups

Delivered by: Chest Heart and Stroke Scotland (CHSS)
Last updated: 03/04/2024
Chest, Heart and Stroke Scotland’s Walking for Health Project. We provide low-level, inclusive health walks across Scotland, with more being added soon.

Serenity Mind Body Soul

Delivered by: Serenity Mind Body Soul
Last updated: 22/05/2024
In my work with clients, I look for the root causes of problems and the ways that one's physical, emotional, mental, and spiritual well-being affect one's general state of well-being.
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Every Wednesday and Thursday 12pm – 2pm

Our Guitar Group on Wednesdays and Thursdays is designed for all levels of players, whether you haven’t touched a guitar before or if you’ve been playing for years.

Who can access our service?
Anyone over 16 and who is experiencing poor mental health, isolation or loneliness can access our services.

How?
Referrals can be submitted by any service that is supporting your mental health, this may be your GP, Community Mental Health Team, Social Worker or another mental health charity.

Contact information
You can use the information below to get in touch with Nemo Arts Guitar Group

- Visit the website
- Phone: 01415594941
- Email: hugh@nemoarts.org

Actions
- Share this page via email
- Print this listing
- Add to collection
- Return to latest search results

Do you represent this service?
This service has been claimed but you can help keep this page up to date by requesting to help manage the information.

AI Search Assistant
Learn more
Manage this service
ALISS Alexa Skill
My Scottish Community

Connecting you to your community

Alexa, enable My Scottish Community

Now available on your smart speaker!
Your community.
And wellbeing across Scotland.

What
Do a search?
Search

Hi, I am Heather, your ALISS intelligent search assistant.

We are using Artificial Intelligence (AI) by ConnectingYouNow to test a different way to find services on aliss.org.

By using ConnectingYouNow services you agree to this Privacy Policy.

Try our test version

Learn more about ConnectingYouNow.ai
ALISS Strategic Objectives

- More Data
- Better Data
- Better Experience
- Better Insights
- More Users
Digital Health and Social Care

Supporting transformational change in health and social care by exploring digital and innovative technologies and ways of working.

Digital Citizen Panel

Digital Links Project

discover digital

Human Rights Principles in Digital Health and Social Care

Scottish Care VOX SCOTLAND Alliance
Discover Digital

A project to raise awareness of digital tools and resources that can support health and wellbeing.

- Discover Digital Roadshows and Workshops
- Small grants
- Discover Digital Guide
- Try a tool Tuesday
- Education and learning activities
Discover Digital: Small Grants

Enabler grants (up to £15,000 per organisation, 18-month projects)

- **LGOWIT (now My Self Management)** – expanding the Living Well Digitally project which delivers peer support session on digital skills.
- **Networking Key Services** – tailored digital inclusion programme for South Asian women and their families.
- **Tailor Ed Foundation** – project to upskill children with autism and their families to be digitally included.

Discovery grants (up to £3,000 per organisation, 6-month projects)

- Scottish Care, Cosgrove Care, Deafblind Scotland, OPAL Borders, Articulate Trust, Cornerstone Community Care.
Discover Digital: Education and learning

- Discover Digital Guide
- Open Learn Create course
- SSSC Open Badge
- Right Decision Service
- Workshops and roadshow

Digital Citizen Panel

Hear the voices of people with lived experiences on their needs and preferences on digital services across health, social care and housing

- 129 Members
- Engagement: Digital Front Door
  - Digital prescribing and dispensing
  - NHS Inform review
  - Integrated care record
- Conversation Cafes

Digital Links Project

Supports individuals in Glasgow who have poor mental health and who are experiencing digital exclusion to become more skilled and confident in accessing digital health and social care support.

- Provide device or/and data
- Support to set up a device, and essentials to access support e.g. email address.
- Confidence and skills training via Discover Digital
- Work with the individual to achieve their digital inclusion personal goals/ outcomes.

Human Rights Principles in Digital Health and Social Care

1. People at the centre
2. Digital where it is best suited
3. Digital as an ongoing choice
4. Digital inclusion, not just widening access
5. Access and control of personal data

Thank You

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@DHCScot

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