

Minority Report! Art, science and ethics of AI

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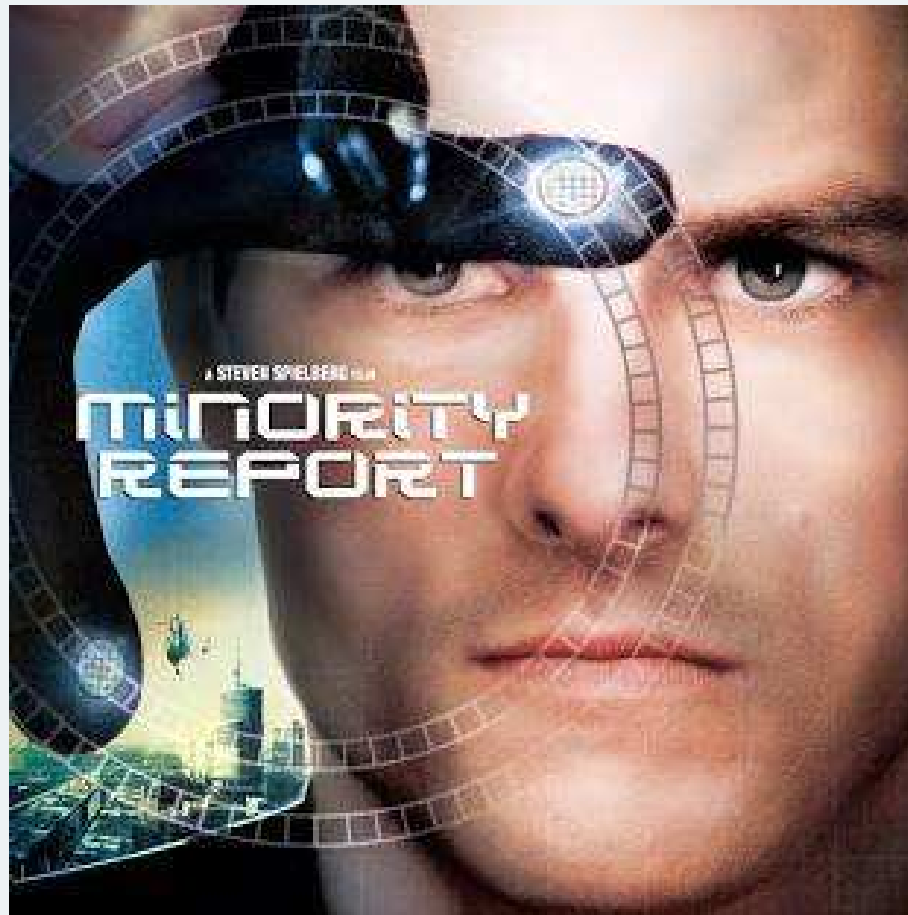
Member NICE GP Reference Panel

Member NICE Adoption and Impact Panel

Member AphA (Association of Professional Healthcare Analysts)

Data Scientist in Training

Minority Report! Art, science and ethics of AI



Forecasting in both history and fiction

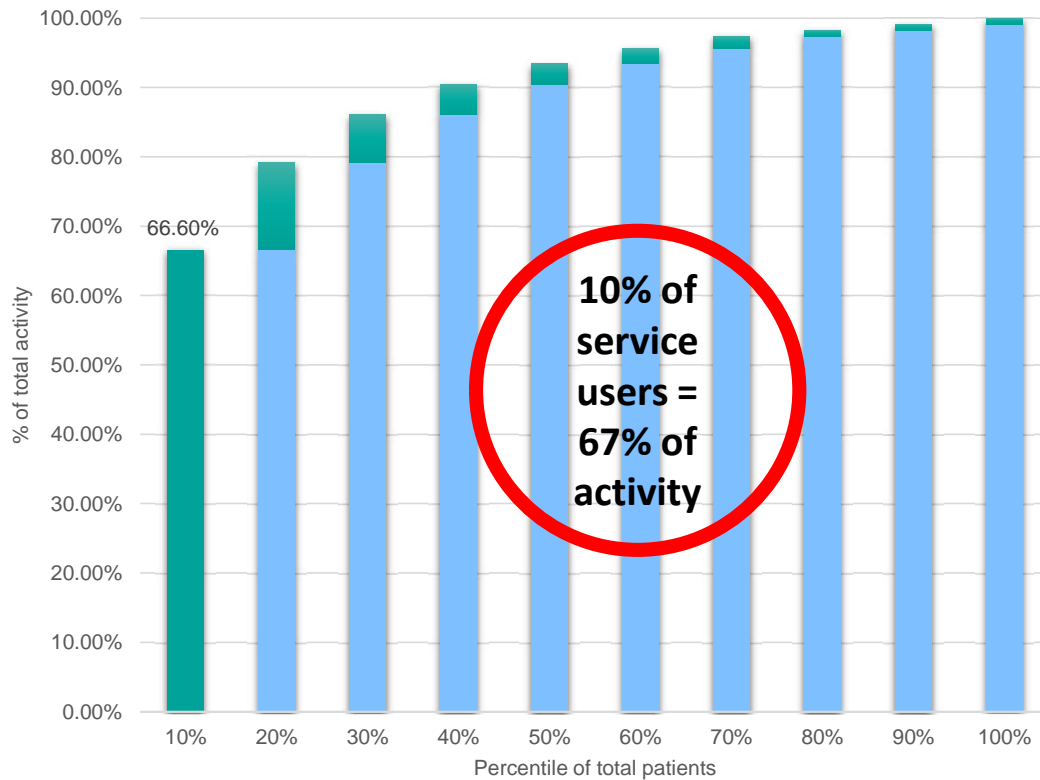
- Alexander the Great relied on a variety of forecasts, including astrological omens and animal sacrifices, to predict outcomes before battles
- A notable example is the [lunar eclipse](#) before the [Battle of Gaugamela](#), which his astrologers interpreted as a favourable omen for victory despite appearing blood-red
- Another instance was a favourable but painful omen associated with olive oil found at the start of his India campaign
- We never know all the predictions which did not happen! After all, in war it's a 50% chance!
- Hippocrates used careful observation of symptoms and the environment to predict the course of an illness, believing diseases had natural causes

Forecasting in both history and fiction

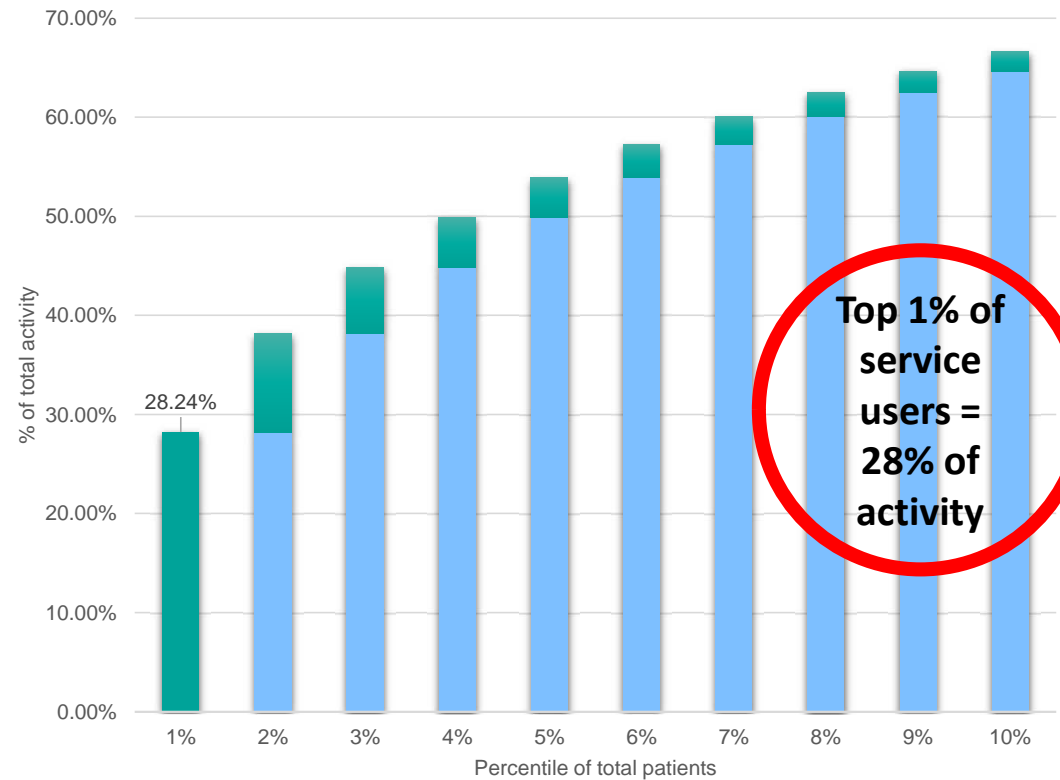


The Case for Change

How many patients make up how much activity?



How many patients make up how much activity?



Population Health Management

Taking a population health perspective on high users of health care

Rationale:

Social determinants of health both predispose patients to becoming high users and affect patient trajectory once in the high-user group.

Aspiration to identify key parameters that would associate people with being in the 1% and design services that proactively intervene earlier

Potential to Integrated Neighbourhood Teams

Potential to identify where to target our efforts

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Risk Stratification tools–UCL risk stratification tool

High risk		Medium risk		Low risk
Priority One Hba1c >90 OR Hba1c >75 WITH any of the following: <ul style="list-style-type: none"> • BAME • Social complexity** • Severe frailty • Insulin or other injectables • Heart failure 	Priority Two Hba1c >75 OR Any HbA1c WITH any of the following: <ul style="list-style-type: none"> • Foot ulcer in last 3 years • MI or stroke/TIA in last 12 months • <u>Community diabetes team codes</u> • eGFR < 45 • Metabolic syndrome 	Priority Three Hba1c 58-75 WITH any of the following: <ul style="list-style-type: none"> • BAME • Mild to moderate frailty • Previous coronary heart disease or stroke/TIA >12 months previously • BP≥140/90 • Proteinuria or Albuminuria 	Priority Four Hba1c 58-75 OR Any HbA1c WITH any of the following: <ul style="list-style-type: none"> • eGFR 45-60 • BP≥140/90 • Higher risk foot disease or PAD or neuropathy • Erectile Dysfunction • Diabetic retinopathy • BMI >35 • Social complexity • Severe frailty • insulin or other injectables • Heart failure 	Priority Five All others
** Social complexity includes Learning disability, homeless, housebound, alcohol or drug misuse		(Except patients included in Priority 1 and 2 groups)		(Except patients included in Priority 1-4 groups)

Population Health Management (John Hopkins)



How Do ACGs Work?

These groups consider factors like the number of chronic conditions, the severity of illness and the level of support a patient might need. The patients in a particular group have similar patterns of need.

Population Health Management (Optum)

Risk Factors included

Homeless	Housebound (eFI)	Polypharmacy - Number of Unique Medicines >10 in last 3 months	2+ Number of Falls (eFI) (Two Years)	Activity Limitation (eFI)	Current Smoker	Social Vulnerability (eFI)
Chemo	Alcohol Abuse	Learning Disability	Latest Body Mass Index (BMI) > 30	Latest Body Mass Index (BMI) > 35	Diabetes Foot Risk	Cancer or Metastatic Cancer
Chronic Fatigue Syndrome	Chronic Hepatitis C	Heart Disease	Heart Failure	Hypertension and High Blood Pressure (Stage 3)	Peripheral Artery Disease	Age >65
Age >80	Minority Ethnic	Highly deprived (IMD 1-3)	Depression	Anxiety	Serious Mental Illness	Diabetes
Chronic Kidney Disease	Chronic Liver Disease	Osteoporosis	Arthritis	Chronic Pain	Dementia	Parkinson's Disease
Epilepsy	Multiple Sclerosis	Chronic Neurological Disease	COPD	Asthma	Chronic Respiratory Disease	3+ A&E Attendances in last 12 months
3+ Emergency Admissions in last 12 months	1+ Community Contacts in last 12 months	Primary care high utilisers (>100 encounters) in last 12 months	6+ Acute Admissions in last 12 months	1+ Emergency Readmission in last 12 months	On 1 waiting list	On 2 waiting lists
	On 3 waiting lists	On 4+ waiting lists	On a waiting list for 18+ weeks	On a waiting list for 52+ weeks	On a waiting list for 104+ weeks	

Optum

3

PHM Correlation with event and outcomes

Performance of model – correlation between spend and risk score

Measure (annual spend £)	r (correlation)	r ² (causation)
Finance total	0.97	0.94
Emergency admissions	0.92	0.84
A & E attendances	0.93	0.86
Elective admissions	0.94	0.88
Outpatient appointments	0.97	0.95
Primary Care appointments	1.00	0.99
Mental Health contacts	0.81	0.66
Community Care contacts	0.94	0.88
Social Care packages	0.96	0.91

Existing risk stratification validity

JUNE 26, 2025

Validation of [REDACTED] risk stratification in primary care

The [REDACTED] risk stratification algorithm demonstrated moderate discrimination (c-statistics 0.649-0.721) in predicting adverse outcomes, with enhanced performance when supplemented by provider input.

ABSTRACT

A prospective study of 47,940 primary care patients in 2019 showed that a proprietary commercial risk algorithm yielded moderate discrimination for predicting emergency department visits, hospital admissions, and mortality. * The commercial algorithm produced c-statistics of 0.684, 0.649, and 0.721, respectively. * When providers supplemented the algorithm with clinical and behavioral factors—what is termed provider adjudication—the corresponding c-statistics improved to 0.689 (emergency department visits, $p < 0.01$), 0.663 (hospital admissions, $p < 0.01$), and 0.753 (mortality, $p < 0.01$).

Key patient factors were associated with higher odds of being classified as high risk: male sex (odds ratio 1.24), age over 65 (2.55), Black race (1.26), polypharmacy (4.87), a positive depression screen (1.57), and hemoglobin A1c above 9 (1.89); all associations were statistically significant. * Subgroup analyses indicated that provider-adjudicated risk scores were more predictive among male and elderly patients, whereas no significant performance difference was found for Black patients. *

METHODS >

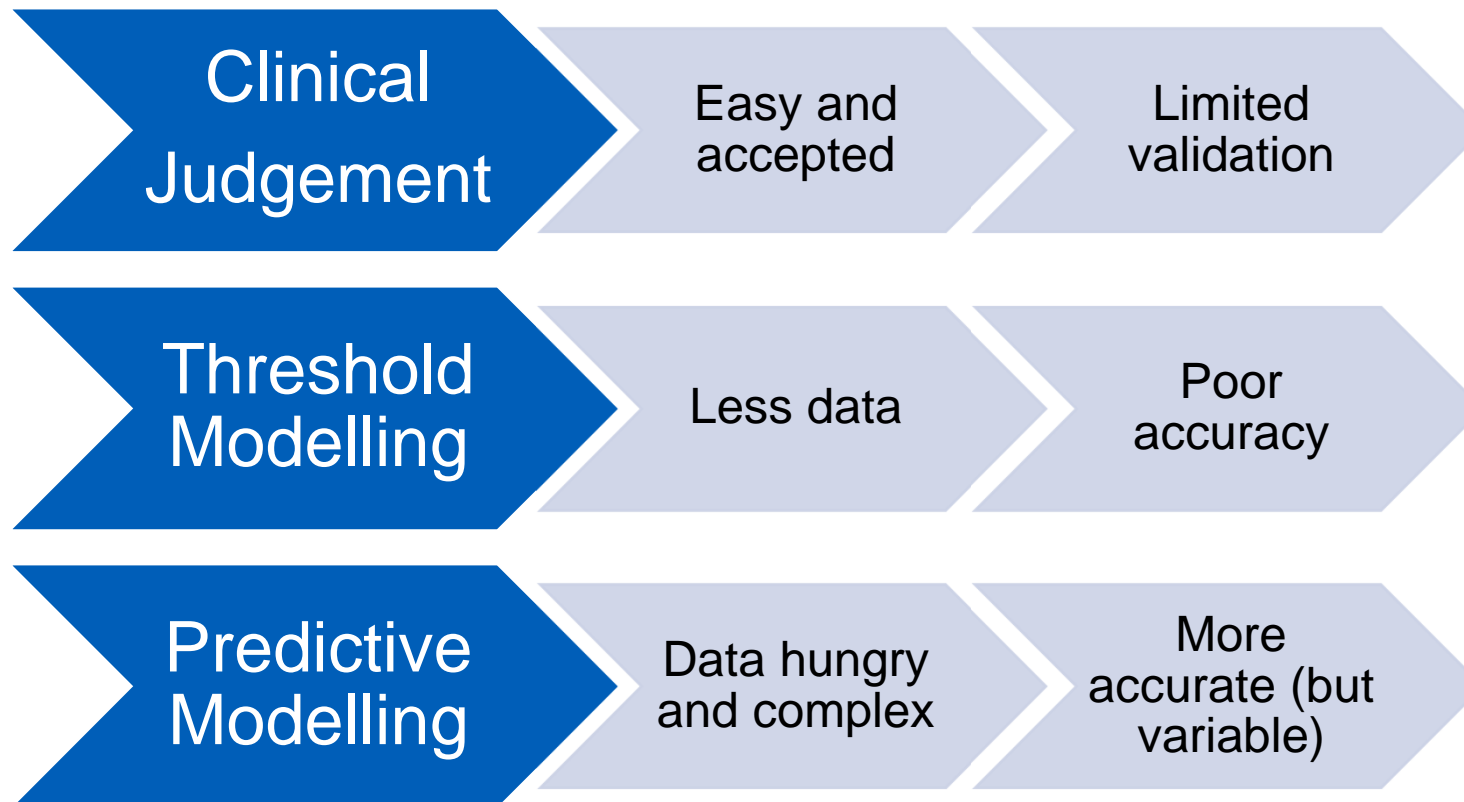
We analyzed 1 sources from an initial pool of 50, using 8 screening criteria. Each paper was reviewed for 6 key aspects that mattered most to the research question. [More on methods](#)

RESULTS

Characteristics of Included Studies

Study	Study Design	Population Size	Risk Stratification Method	Outcomes Measured
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Types Risk Stratification



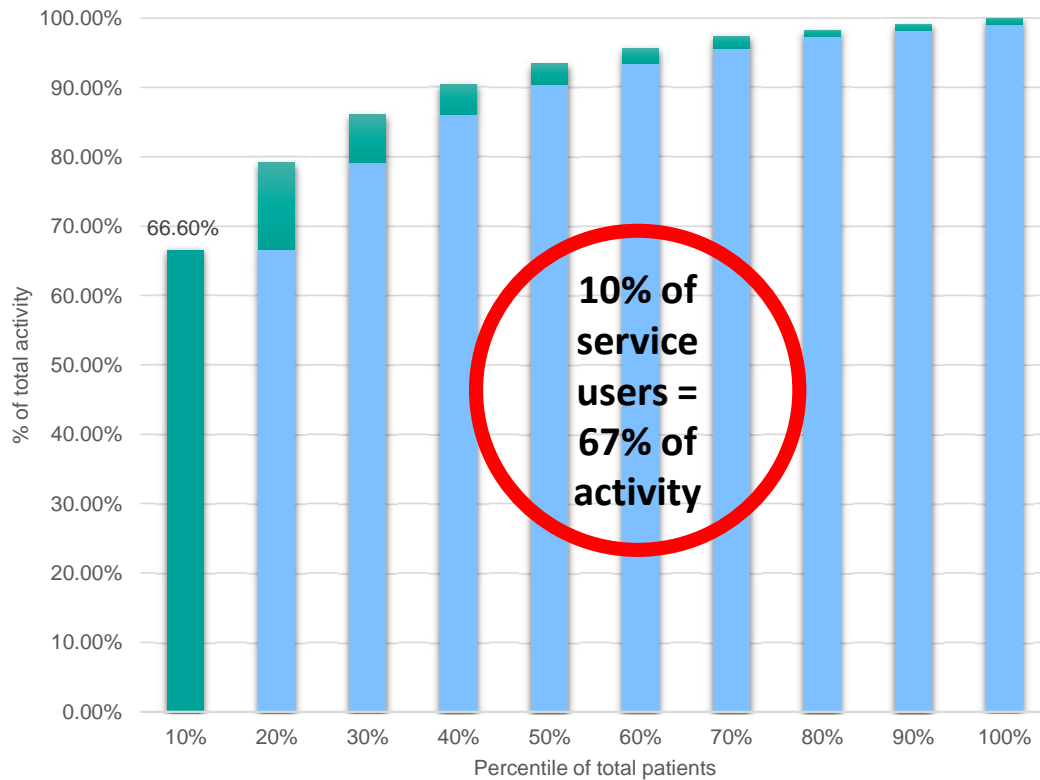
BMJ analysis of PHM models

	Development Details	Number of Validations	Validation Countries	Study Designs	Validation Outcomes	Validation Results	Real World Evaluation
Charlson Comorbidity Index	Mortality RR = 2.0 (1.6-2.4)	10		10 observational	Access of primary care A&E attendance Healthcare costs Hospital admissions Mortality	C = 0.58 - 0.78 R ² = 0.11 - 0.42	
Chronic Illness and Disability Payment System	Healthcare costs R ² = 0.18	2		2 observational	Access of primary care Healthcare costs	R ² = 0.20 - 0.25	
Continued Prediction Model	Hospital admissions PPV = 0.28	1		Retrospective cohort	Hospital admissions		Significantly reduced hospital admissions p=0.001
Elder Risk Assessment Index	Hospital admissions C = 0.79	1		RCT	A&E attendance Hospital admissions Mortality		Increased Mortality (p=0.002) Hospital admissions (p=0.75) A&E attendance (p=0.37)
Epidemic Risk Groups	Healthcare costs	1		Observational	Healthcare costs	R ² = 0.23	
Hierarchical Condition Category	Healthcare costs R ² = 0.12	8		7 observational 1 RCT	Access of primary care A&E attendance Healthcare costs Hospital admissions Mortality Readmission	C = 0.44 - 0.88 R ² = 0.08 - 0.26	Non-significant increases in primary care visits, A&E attendance & readmissions with non-significant reduction in hospital admissions
Johns Hopkins ACO System	Hospital admissions	20		18 observational 2 cohort studies	Access of primary care A&E attendance Healthcare costs Hospital admissions Mortality	C = 0.53 - 0.86 R ² = 0.10 - 0.54	Significantly reduced hospital admissions in protected group Significantly increased hospital admissions in non-protected group Non-significant increases in A&E attendance, costs and admissions
Medicaid Rx	Healthcare costs	1		Observational	Healthcare costs	R ² = 0.20	
Naïve Case Finder	Hospital admissions C = 0.79	1		Prospective cohort	Hospital admissions		Significantly reduced hospital admissions p=0.001
Proactive Care Health Risk Program	Hospital admissions	1		RCT	A&E attendance Hospital admissions		Non-significant reduction in all outcome measures
Patients at Risk for Re-hospitalization algorithm	Readmission C = 0.89	1		Retrospective cohort	Hospital admissions		Significantly reduced hospital admissions p=0.001
Predictive Risk Stratification Model	Hospital admissions	1		Retrospective cohort	Hospital admissions		Significantly increased hospital admissions p=0.001
QAdmissions	Hospital admissions C = 0.78	1		Prospective cohort	A&E attendance Hospital admissions		Significantly increased hospital admissions p=0.01
RxGroups	Healthcare costs	1		Observational	Healthcare costs	R ² = 0.22	
RxRisk	Healthcare costs R ² = 0.09	2		2 observational	Access of primary care Healthcare costs	R ² = 0.18 - 0.21	
SGAR Health Plan Model	Hospital admissions	1		RCT	A&E attendance Hospital admissions		Significantly reduced hospital admissions p=0.01

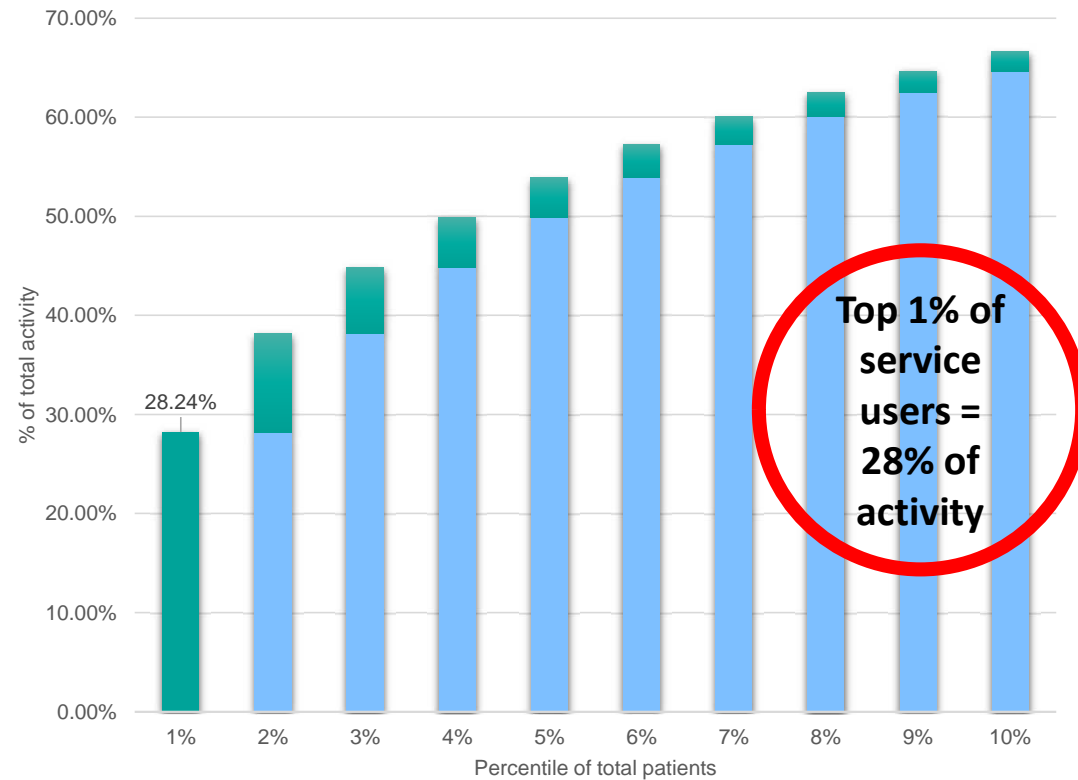
<https://informatics.bmj.com/content/31/1/e101065>

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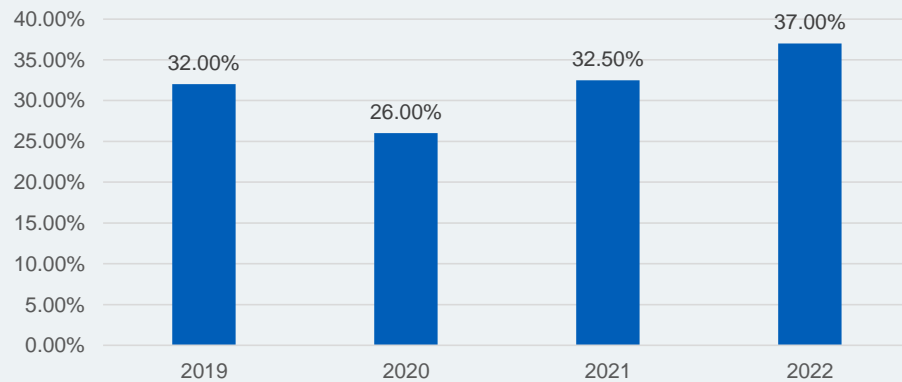


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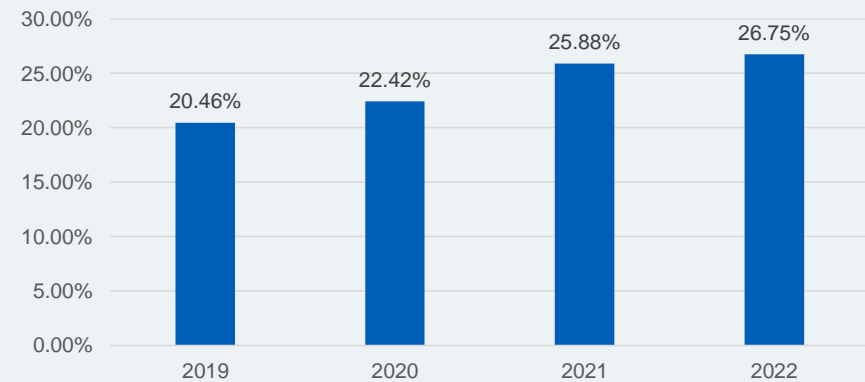


1% Year on Year

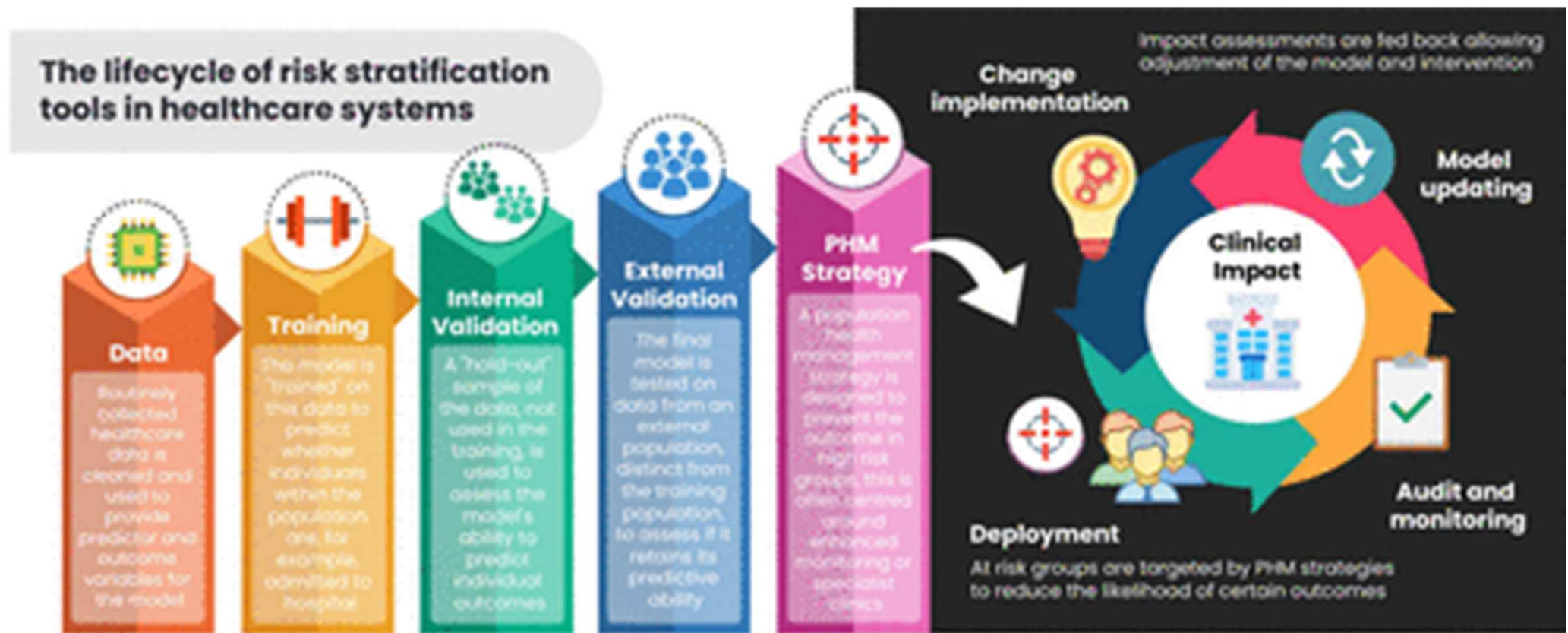
How many patients in Top 200 are in next years Top 200?



How many patients in Top 1% are in next years Top 1%?



Risk stratification lifecycle



Predicting Type 2 diabetes patients at high risk

- Developed own AI explainable predictive model using Random Forest Tree and Light GBM
- Used 35 parameters from EMIS web to develop the model
- Outcome parameters were compared to existing tools
- AUC/ROC curve – 0.84
- **LightGBM train accuracy: 0.997**
- **LightGBM test accuracy: 0.767**
- **Classification metrics**

		precision	recall	f1-score	support
(Low risk)	0	0.77	0.48	0.59	100
(Higher risk)	1	0.79	0.93	0.85	206

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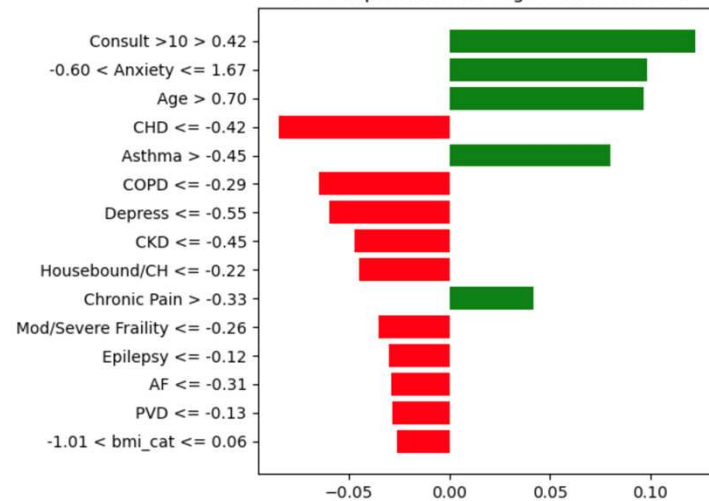
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Predicting Type 2 diabetes patients at high risk

Predicted probability: [0.09677477 0.90322523]
Predicted class: High Risk

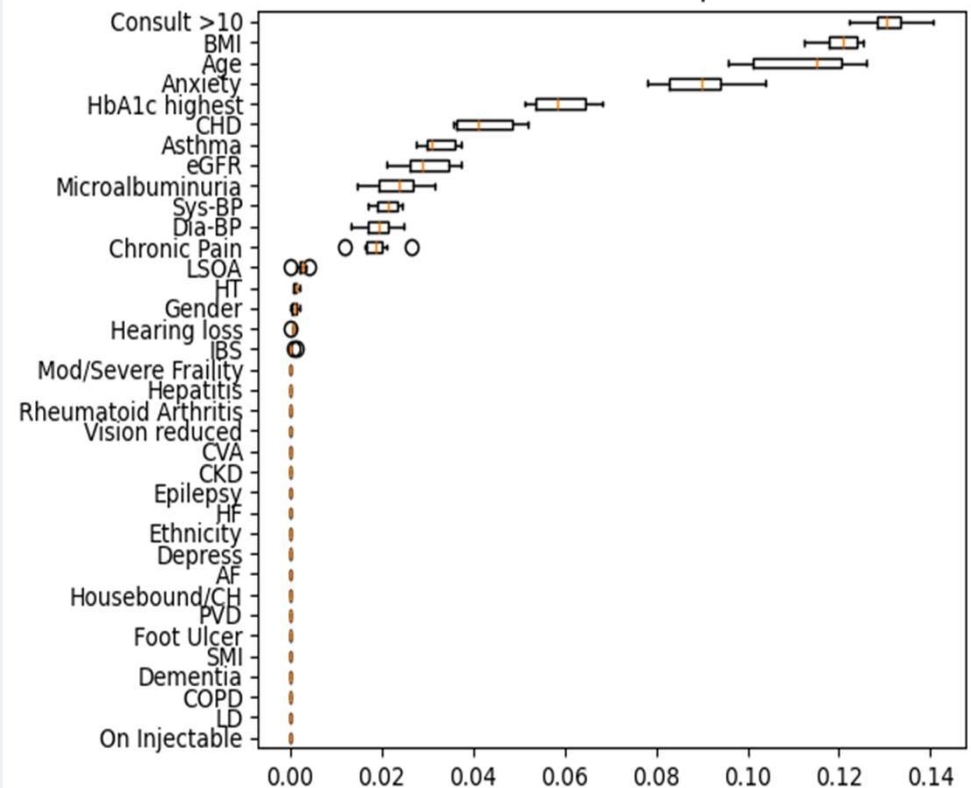
LIME Explanation for High Risk Prediction



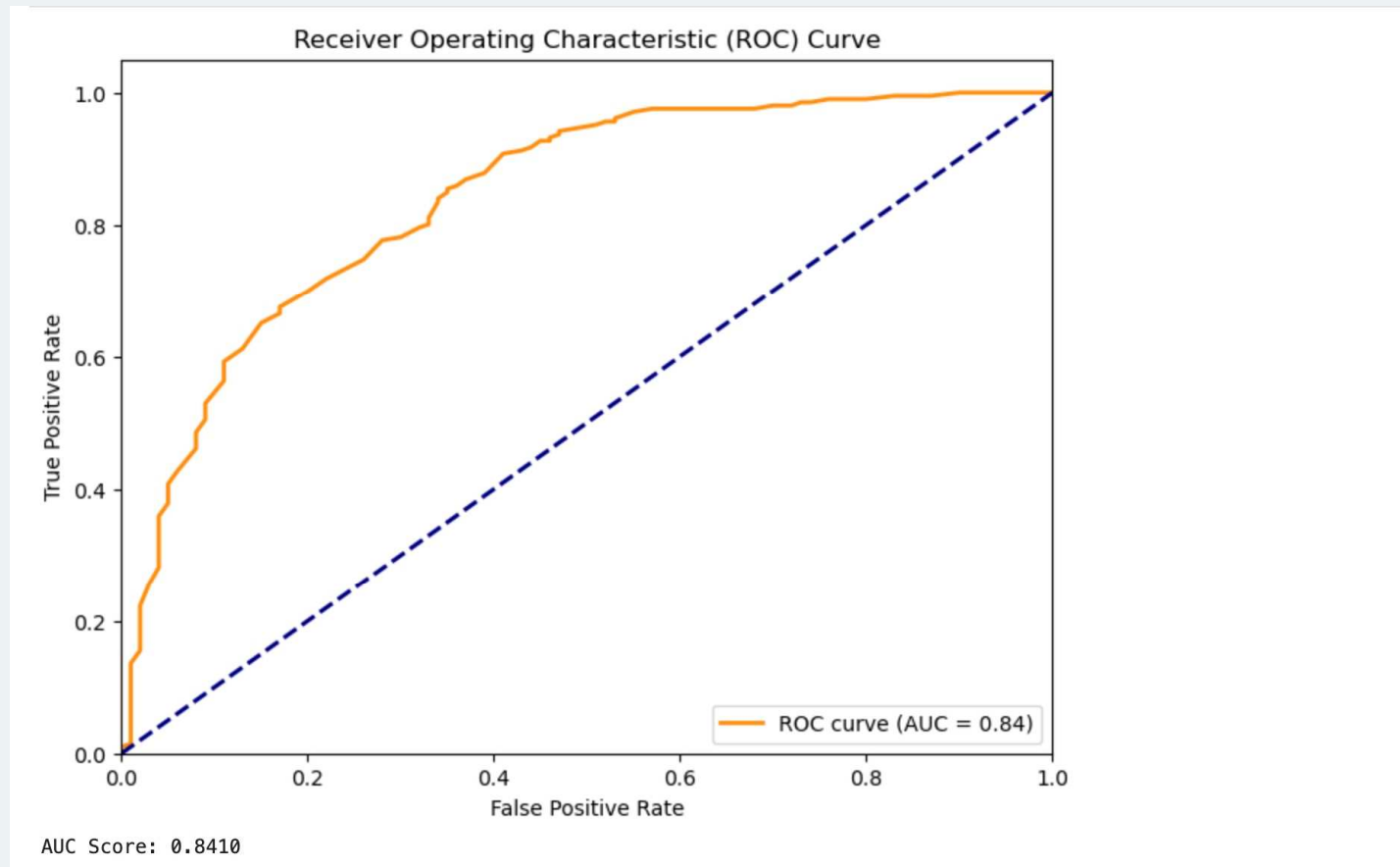
Explaining multiple instances...

```
=====
Instance 0:
Predicted probability: [0.27830542 0.72169458]
Top contributing features:
Consult >10 > 0.42: 0.1228
Anxiety <= -0.60: -0.1073
CHD <= -0.42: -0.0923
bmi_cat <= -1.01: -0.0850
Asthma > -0.45: 0.0790
```

Permutation Feature Importances



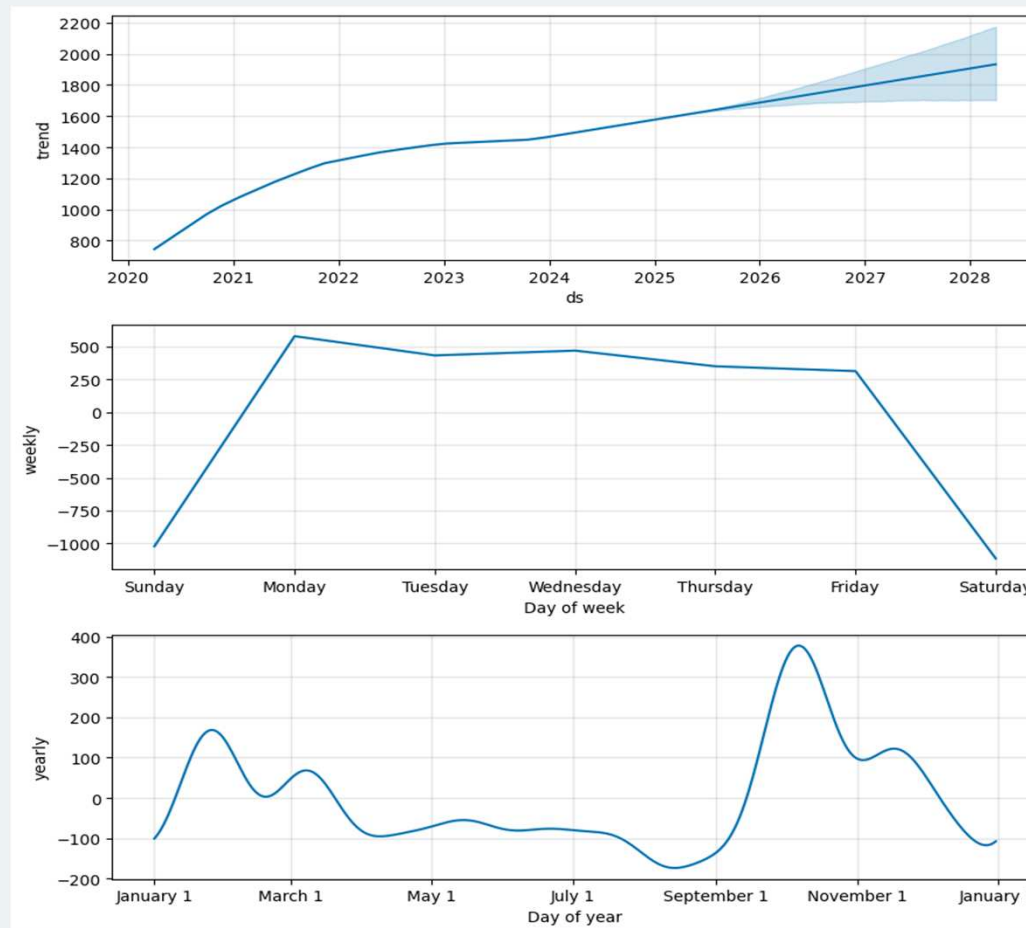
Predicting Type 2 diabetes patients at high risk



Other uses of prediction/forecasting in NHS

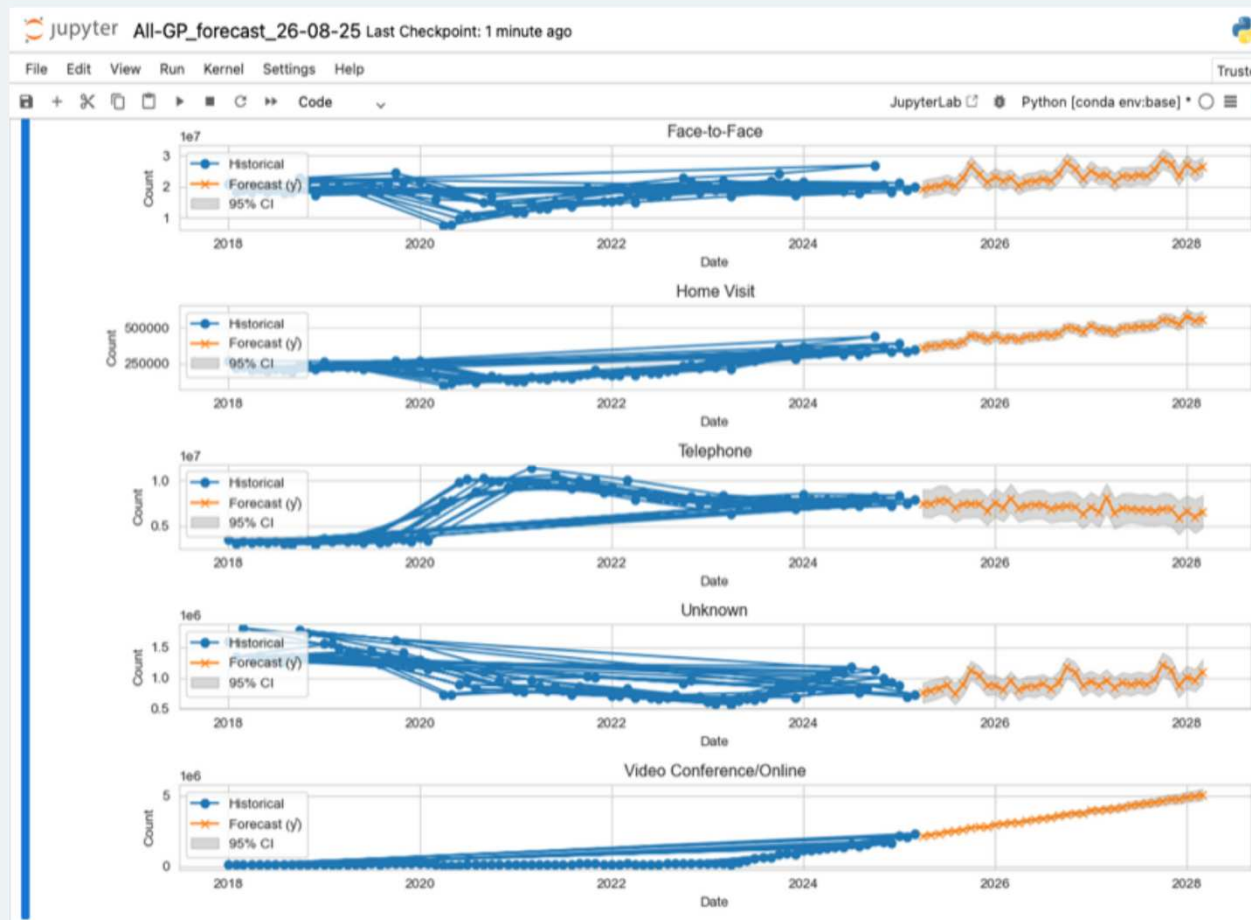
- Use of forecasting tools like ARIMA or Prophet to predict demand in primary and secondary care
 - Forecast disease spread especially infectious diseases and pandemics
 - Resource planning based on forecast of service requirements
 - Human resources planning based on predicted demand/activity
 - Quantile regression models (QRMs) and fractional polynomial models (FPMs) are potential probabilistic techniques for predicting extreme health situations/conditions.
 - I have used Prophet library to forecast the predicted increase in demand for GP surgery appointments at PCN and National level
 -
-

Forecasting appointments in our PCN



Predicted based on 220 thousand appointments over previous 5 years

Forecasting appointments in GP Practices England



Predicted based on 2.3 billion appointments over previous 6 years

Risks with data sharing

- Clinical Negligence scheme does not cover data loss/misuse at present
- Financial and non-financial losses (e.g. reputation, trust) for GP practices.
- BMA-GPC is pushing for Crown Indemnity for same
- Not all PHM models are explainable.
- Medico-legal implications.
- Top frequent users this year may not be the most frequent users next year.
- Studies may show benefit due to “regression to mean”

Ethical issues to consider

- Transparency - is the risk score explainable/interpretable
- Clarifying potential benefit (clinical and/or cost improvement)
- Benefit versus effectiveness (leads on from above)
- Potential diversion of cost and resources (leads to next issue)
- Fairness (Is it fair to spend more on lifestyle related issues?)
- Respect for autonomy (Does patient have a say in this?)
- Potential unintended harm
- Propagating existing biases- e.g. race based

PESTLE ANALYSIS

- Political- ? Support for digital transformation and AI
- Economic- Is present rate of growth of NHS funding and staffing sustainable?
- Social – Do taxpayers feel there is good value for money from NHS?
- Technological- Can Digital Transformation and AI help or hinder?
- Legal - Who carries the can for decisions? Politicians or bureaucrats or clinicians
- Environmental- Is digital less polluting or more! (AI is power hungry)

Any questions?

AI technologies used in our surgery:

- AI supported online consultation
- AI GP avatar for health campaigns
- AI Scribe
- Algorithm based bot for results filing
- Due to start AI automation for admin and referral tasks soon
- AI receptionist